

The Northwest Connection

Serving the Communities of Oregon

VOLUME 12 • NUMBER 127

COMPLIMENTARY ISSUE

AUGUST 2017



The glorious Gladiola

Dad's Favorite: The Gladiola

By Helen Maguire

My father's favorite flower was the Gladiola. Mom always had a wonderful array of "glads" planted along the fence in our backyard. And, while they come in many colors, red seemed to be Dad's favorite.

The Gladiola, symbolizing strength and moral integrity, is native to South America but can be found growing in the United States and Europe. There are about 260 separate species. Though sometimes called the "Sword Lily" because of their long sword shaped leaves, the Gladiola is not part of the Lily family. Gladiolas are popular in gardens because of their beauty, fragrance and the easiness of growing.

Gladiolas should be planted in the spring, and will grow and bloom in August. They can be found in several colors including pink to reddish or light purple with white, contrasting markings, or white to cream or orange to red, and blue. The blossoms open from the bottom first, but with harvesting will also open at the top either indoors or outdoors. They like rich, soft soil, plenty of water, and plenty of shade. Make sure the sun hits your Gladiolas during the day, but that your flowers are not drenched in sunlight all day, drying out the soil. Gladiolas can grow to 3 or 4 feet tall.



August In Warsaw



By Edmund Pierzchala, The Northwest Connection

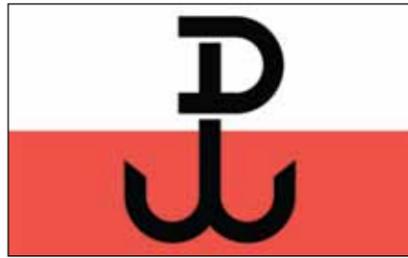
"The West will never ever be broken." These words, spoken by President Donald Trump in Warsaw are much needed today. But why Warsaw? On his West-ward mission, couldn't he have picked a truly

Western European city?

Today, Warsaw is geographically closer to Poland's Eastern borders than to the West. Yet politically and culturally, she claims heritage of a truly Western city, while also a bridge to the East.

Trump's speech was delivered at Krasinski Square, a large plaza in front of the Field Cathedral of the Polish Army, across Długa (Long) Street, whose cobble stones were once soaked with the blood of Warsaw Uprising fighters.

At 5pm on August 1st, 1944, one of the most complicated dramas of modern history started unfolding.



Flag of the Armia Krajowa; the symbol on the flag (called Kotwica") is a combination of letters "P" and "W" ("Polska Walcząca", i.e. "Fighting Poland")

continues on pg. 8

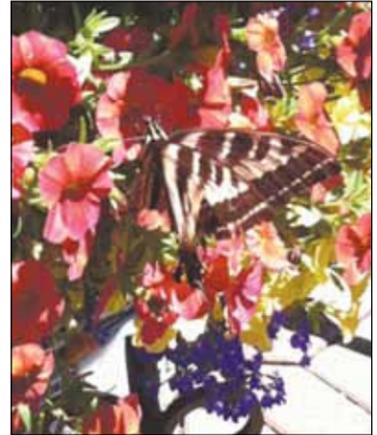
The Best Medicine – Infinitely Butterfly



By Connie Warnock, The Northwest Connection

All the sunshine and flowers have brought forth a larger than usual show of Tiger Swallowtail butterflies; the lovely yellow ones with black markings and a long, separated tail.

They love the bushes with cone



shaped clusters of tiny purple flowers and the roses. These lovely insects are my favorites for a very special reason.

The Sunday before my mother died, she had disappeared into a comatose state; at once a blessing and a sadness. I had given my sister a much needed respite from sitting beside her as she lay in a hospital bed in

her family room. The sliding glass doors leading to the patio were open. The scene was one she had always loved. The blooming roses and myriad of other flowers were periodically

continues on pg...10

Enjoy the Great Northwest Summer!!

Summer Activities Right Outside Your Door



By Paula Olson, The Northwest Connection

After a slow and manic start to summer weather, it appears it has finally arrived. Longer days coax us outside and clear blue skies with fresh air lure us out of bed in the mornings. We are

inclined to put *carpe diem* into practice when we are invigorated by a beautiful day.

Some of the ways you can seize the day with your children lead you just steps outside of your own door. When my sister and I were young, my dad would occasionally bring home a sheet of photographic paper for us to set outside. We would



lay objects down on the patio and then wait for the sun's exposure to do its work. The paper would turn dark grey but when we removed the scissors, flower,

continues on pg...9

August Fun Facts And Trivia

A quick glance at the various holidays celebrated in August reminds us that summer is winding down. August 3rd is Watermelon Day, on the 10th, we celebrate National S'Mores Day and on the 30th, we have more fun with Toasted Marshmallow Day. In addition, here are more interesting August holidays:

International Left-handers Day (13th); National Bad Poetry Day (18th); and, my personal favorite, National Senior Citizens Day (21st).



August 3, 1923, Calvin Coolidge was sworn in as the 30th president of the United States, hours after the death of President Warren G. Harding. Coolidge took the oath of office by the light of a kerosene lamp; his father, a notary public, administered it using the family's Bible.



Left-handers: stand and be counted!

August 9, 1974, one day after the resignation of President Richard M. Nixon, Gerald R. Ford was sworn in as president, making him the first

continues on pg...2



Where Are The Next Jobs...pg 14



Alarm Scams...pg 7



Coloring Contest...pg 3



Pets & Hot Weather...pg 15



The Northwest Connection



from the Publisher

JoLinn Kampstra

The Northwest Connection and Staff would like to thank all of our readers, columnists, and advertisers for their continued support.

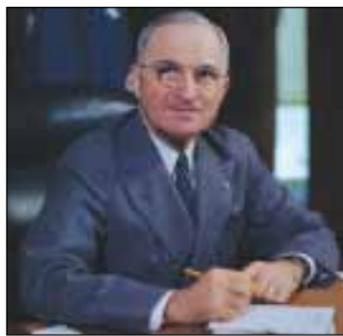
August Fun Facts... continued from pg. 1

man to assume the presidency upon his predecessor's resignation. He was also the first non-elected vice president and non-elected president, which made his ascendance to the presidency all the more unique.



the bombing of Nagasaki, Japan submitted its acquiescence to the Potsdam Conference terms of unconditional surrender, and President Harry S. Truman ordered a halt to further atomic bombing.

August 19, 1934, Adolf Hitler was elected president of Germany.



President Harry S. Truman

August 9th is also Book Lovers Day, a great day to celebrate. Just grab an interesting book, find a quiet, cozy place, and crack open the cover. Celebrate this holiday pleasurable out on the deck, under a shady tree, poolside, or in a cozy hammock. If you fall asleep while reading, that's okay. It's all part of the relaxing benefits of being a book lover.

Aug 19, 1964, The Beatles began their first U.S. tour at San Francisco's Cow Palace.

On August 21, 1959, President Dwight D. Eisenhower signed

a bill making Hawaii the 50th state. (On January 3, 1959, President Eisenhower had proclaimed Alaska to be the forty-ninth state.)

On August 24, 1814, during the War of 1812 between the United States and England, British troops entered Washington, D.C. and set fire to the White House in retaliation for the American attack on the city of York in

August 10 1874, Herbert Hoover was born in West Branch, Iowa.

August 10, 1945, one day after

Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach some of us more than we can ever learn from books.

—John Lubbock



photo credit Cary Randall

Ontario, Canada, in June 1812.

On August 27, 1908, future President Lyndon Baines



A dark day: LBJ sworn in on Air Force One

"LBJ," as he was known, was sworn in on Air Force One on November 22, 1963.

On August 30, 1967, Thurgood Marshall becomes

Johnson was born on a farm near Stonewall, Texas. In 1963, Johnson was unexpectedly thrust into the role of president when John F. Kennedy was assassinated in Dallas, Texas.

the first African American to be confirmed as a Supreme Court justice. He would remain on the Supreme Court for 24 years before retiring for health reasons.



Fun For The Whole Family!
Open Dawn-Dusk 7 Days/Week
Bundled and U-Pick Lavender Sachets, Homemade Soap and Lotion, Oil, Honey and Wreaths!

Columbia View Lavender Farm
38401 Historic Columbia River Hwy. 1 mile E. of Corbett
Corbett, OR 97019
503-895-5178



Now on Sale, take another 10% off thru October 30th.

American Made QUALITY Lift Recliners

Stop By and See Our Excellent Selections



WE'RE YOUR MATTRESS EXPERTS!!!

BRAND SOURCE Expert
YOUR NEIGHBORHOOD

Riegelmann's
SINCE 1965

301 E. Powell, Gresham 503-665-4158 Mon & Fri 9-6, Sat-Thur 9-7, Sun 10-4

20 YEARS IN BUSINESS APPLIANCE SALES & SERVICE - MATTRESSES - RECLINERS
www.riegelmanns.com

Never lose an opportunity of seeing anything beautiful,

for beauty is God's handwriting.

— Ralph Waldo Emerson

The Northwest Connection

Reaches Your Community...

If your hair is unbecoming to you, you should be coming to us!

We Stand Behind All Of Our Work!

Melody The Barber's New Location

Walk-Ins Only Never a long wait!

- Traditional barbering
- Clipper Cuts
- Hair Styling
- Head & Face Shaves
- Beard Trims

Hair's My Barber Shop

1149 NE Division Gresham, Oregon

\$2 off

503-667-5450

Monday - Friday 10 - 5:45 - Saturday 9 - 3:45 - Closed Sunday



JoLinn Kampstra Publisher/Editor
Frank & Helen Maguire Copy Editors
Mark Ellis Editorial Assistant
Deborah Reuter Sales/Advertising
Dale Seale Sales/Advertising
Rex Caffall Photographer

PO Box 61
 107 E. Historic Columbia River Hwy
 Troutdale, OR 97060
 503-328-8416
 www.nw-connection.com
 jolinn@nw-connection.com

Our mission at The Northwest Connection is to provide an educational, informative community newspaper that promotes free market principles. We support and honor the Constitution and our founding fathers. Our goal is to stimulate the local economy by promoting area businesses and to encourage citizen involvement, which, in turn, will build stronger communities.

The Northwest Connection Enterprises, Inc. is a monthly published community newspaper. We welcome letters to the editor and public opinion articles. All submissions must be typed and signed with full name, address and phone number. Articles will be published on a space available basis. We do not necessarily endorse any advertiser, public opinions and or columnists.



The Northwest Connection

Music To Your Ears



By **Jordon S. Rubin**

music increased cerebral and peripheral circulation, while other music stimulated mental lucidity. (Source: Therapeutic and Industrial Uses of Music: A Review of the Literature).

That was the beginning of an understanding that there was quite possibly more to sound and music than what simply meets the ear.

Since that time, interest in this



phenomenon has grown and there is now a greater emphasis placed on the therapeutic effects of sound and music.

The ear is not only the primary organ for hearing; it also has influence on eye movement, the body's rhythms, and general regulation of stress levels in the body—according to the authors of *Alternative Medicine: The Definitive Guide*.

Steven Halpern, Ph. D., a pioneering researcher and composer in the sound therapy field, says, "Studies have shown that music can reduce stress, enhance immune function, balance brain-wave activity, reduce muscle tension, increase endorphin levels, and trigger feelings of inner peace." He adds, "The body heals itself most effectively in a state of deep relaxation and using music is one of the simplest and most effective ways to evoke the 'relaxation response.'"

What Dr. Halpern describes is termed music therapy—a form of exercise for the body and mind that includes sound, musical instruments, songs, compositions, and anything

continues on pg. ..19

Did you know that the benefits of sound and music have been recognized for thousands of years? As a matter of fact, the writings of Pythagoras and Plato in ancient Greece, as well as the harp music of David in the Bible, all allude to the soothing benefits of sound and/or music.

But it doesn't stop there. The therapeutic effects of sound were noted in 1896 when doctors observed that the brain responded differently when various types of music were played. They noted that certain

August Coloring Page Contest!



Name and address

Name _____

Address _____

City, State, Zip _____

Table of Contents...

The Northwest Connection-Cover Stories

- 1. Dad's Favorite: The Gladiola
By Helen Maguire, NW Connection
- 1. August In Warsaw
By Edmund Pierzchala, NW Connection
- 1. The Best Medicine - Infinitely Butterfly
By Connie Warnock, NW Connection
- 1. Summer Activities Right Outside Your Door
By Paula Olson, NW Connection
- 1. August Fun Facts

Public Opinion and Editorials

- 3. Music To Your Ears
By Jordon S. Rubin
- 4. Molecular Genetics Department: Just Two Genders
By Bryan Fischer
- 4. Is This Really Happening?
By Lori Porter, Parents Rights In Education
- 5. New Evidence Raises Doubts About Oregon's 'Official Climate Science'
By Gordon Fulks, PhD (Physics)
- 5. Moving Beyond Symbolism
By John A. Charles, Jr. Cascade Policy Institute

Northwest Outdoors

- 9. Corbett Fire Department Recruiting Volunteer Firefighters

Family / Health / History

- 11. Take A Hike!
By Victoria Larson, N.D.
- 14. Where Are The Next Job Opportunities?
By Jim Kight, NW Connection
- 15. Keeping Your Pets Cool In Hot Weather
By Multnomah County Animal Services
- 17. Let Parents Wield School Spending Power
By Kathryn Hickok, Cascade Policy Institute

Business Briefs

- 18. Financial Focus: How Can You Leave The Legacy You Desire?
- Submitted by Lynne Page

Seasoned Citizens

- 19. Different Drug Problem...

Faith and Words of Encouragement

- 20. Interstate Highways And Mentoring
By Pastor Bill Ehmann, Wood Village Baptist Church
- 21. Angels On Assignment
By Tj Saling Caldwell
- 21. You Become What You Eat
By Jon Bloom

Public Forum



Citizen Voices

Molecular Genetics Department: Just Two Genders



By Bryan Fischer

God, science, and the Bible agree: there are just two genders: male and female. We're told quite explicitly in Genesis 1:27 "male and female he created them."

Biological science confirms this. If a child is conceived with an X+Y combination of genes, he is a boy from the moment of conception and will be a male until the day he dies. If a child is conceived with an X+X combination, she is a girl from the moment of conception and will be a female until the day she dies.

Now Facebook wants us to believe there are 58 genders and that there is no connection

between biology and sexual identity. Science fiction tells us there are multiple genders, and that gender is fluid and can change from day to day.

But science tells us something different, that there are just two sexes, with sexual identity fixed at conception. For members of the reality-based community, there are two and only two genders. There always have been just two genders, and there always will be just two genders.



Further confirmation of this self-evident truth comes from the Weizman Institute of Science. After extensive study of the human genome, researchers there discovered there are no

less than 6,500 genes "that are expressed....differently in the two sexes." Two sexes, you will note, and only two.

Since there are about 30,000 genes in the entire human genome, this means more than 20 percent of it codes for traits that are gender specific.

The scientists at Weizman used

something called the GTEx project, a comprehensive study of human gene expression in the organs and tissues of 550 adult donors. For the first time ever, they were able to develop a comprehensive map of the sex-differential in genetic architecture between the two sexes.

Prof. Shmuel Pietrokovski and Dr. Moran Gershoni of the Weizmann Institute's Molecular Genetics Department "looked closely at around 20,000 protein-coding genes, sorting them by sex and searching for differences in expression in each tissue. They eventually identified around 6,500 genes with activity that was biased toward one sex or the other in at least one tissue."

For instance, they discovered a gene that was more highly expressed in the skin of men than in women, a gene that is related to the growth of

continues on pg... 18

Is This Really Happening?



By Lori Porter, Parents Rights in Education

CDC and Syphilis

On March 17, 2017, according to the Center for Disease Control there is a return of that once curable venereal disease, syphilis. It crosses all age, socio economic, race and ethnic boundaries. April was STD Awareness Month and the theme was Syphilis Strikes Back. The syphilis rates are the highest they've been in

20 years and there is a new "antibiotic resistant, pandemic syphilis strain identified". Half of all new cases are between 15 and 24 years of age.

Can we extrapolate that in 10 years, much like the DARE Program where drug use, point in fact, increased when students in elementary school reached their teens, that there will be a corresponding epidemic of syphilis and other venereal diseases? Maybe. The Dare Program quietly disappeared. Will



Your children may be at risk; educate them

comprehensive sexuality grooming education quietly disappear? Not a chance... there's too much big

and control over the lives of your children, besides where do you think Planned Parenthood trolls for their recruits and customers.



August Sudoku Puzzle

			9	6				
		8	1				5	9
9	7	1	5					4
8				1	4			
		7		5	3			
			4					
2	9		8		6	7		
6		5		7				
	8			5				

Credit www.puzzles.ca/sudoku Solution is on page 8

Looking for that new business space?

Executive offices Available at Affordable Prices

Prices include all utilities, excluding phone and cable service.

For more information, please call

503-351-2053



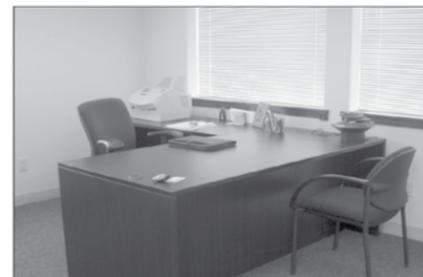
Building Exterior



Upstairs Lobby



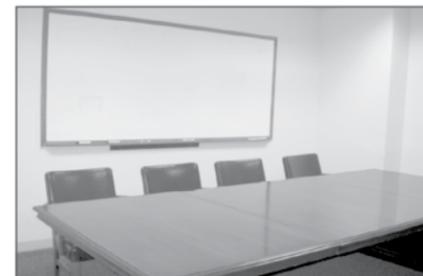
Office Suites



Office Suites



Downstairs Full Kitchen with Dishwasher and 2 Microwaves (this is helpful to caterers coming to host your event)



Large conference room to utilize for business meetings. Microwave and small kitchen appliances in room as well.

Public Forum



Think Tank- News And Views from the Cascade Policy Institute

Moving Beyond Symbolism



By John A. Charles, Jr.
President and CEO,
Cascade Policy Institute

Last month Governor Kate Brown gave a speech to Portland activists promising to secure carbon-pricing legislation in next year's one-month legislative session. A few days later, she met with Interior Secretary Ryan Zinke and urged him to maintain or expand the Cascade-Siskiyou National Monument in Southern Oregon.

Clearly, the Governor is getting bad advice about environmental priorities. Carbon dioxide is not a pollutant; it's a beneficial gas that is essential for plant growth. If the Governor continues Oregon's "war on carbon," she will impose great costs on the economy with no offsetting benefits.

Similarly, there was no need for the Governor to lobby on behalf of national monument expansion when Oregon already has plenty of federal

land in protected status. She should have used her time with Secretary Zinke to argue for improved management of BLM lands in Oregon, including forest thinning and increased timber harvesting. Without active management, all public lands—including parks, wilderness areas and national monuments—will continue to be threatened by Oregon's top environmental risk: catastrophic wildfires.

Holding photo ops to tell her supporters exactly what they want to hear is not leadership. The Governor needs to get serious about environmental problems.



Citizen Voices

New Evidence Raises Doubts About Oregon's 'Official Climate Science'



By Gordon J. Fulks,
PhD (Physics)

New evidence developed by Pacific Northwest scientists, with help from around the world, strongly questions not only the conclusions of 'Official Climate Science' here in Oregon, but also the competence of those paid to keep grinding it out. It is a story of greed and ideology overwhelming those qualities typically associated with scientists: technical ability, vast curiosity, and great honesty.

Of all the concerns that Americans have, this story has consistently ranked dead last – *until now*. Pollsters tell us that 'Collusion with Russia' has claimed the biggest yawn. People have grown so tired of hearing Russian conspiracy theories from Democrats and their allies in the mainstream media that apocalyptic climate theories (also a favorite of the elites) do not bore them quite as much. Even though the average guy likely has little knowledge of either topic, he

does have enough common sense to spot the rubbish.

But unfortunately, he does not demand that it end. He just ignores it. That allows the hysteria to continue among those who benefit from it. In the case of climate hysteria, that includes everyone from Democratic Party officials who see endless possibilities for attaining political goals that rational people would not normally support to the now massive Climate Cartel that has found all sorts of ways to profit from the scare. If they are making a good living and can claim to be 'saving the planet,' it is very easy to overlook ethical considerations.

In Oregon, the principle players who keep the scam alive are The Oregon Global Warming Commission under scientifically-challenged Angus Duncan and the Oregon Climate Change Research Institute at Oregon State University under Meteorologist Phil Mote. Mote has manufactured dire predictions about our local climate for decades (first at the University of Washington and now at Oregon State) and Duncan has organized "solutions" to the nonexistent problem to

please the state legislature.

Every few years, Mote puts out a new report to reinvigorate the case for alarm, and Angus Duncan uses it to urge ever more efforts to combat "the problem." This is a closed process that carefully avoids real accountability. They know that they would not survive the normal give and take of open scientific and engineering debate. So they completely ignore and will not even acknowledge



Phil Mote, Oregon Research Institute, Oregon State University

criticism from those of us with the detailed knowledge to show that they are wrong. Both Mote's 'Oregon Climate Assessment' and Duncan's 'Biennial Report to the Legislature' were very ill-timed this year, because they missed the abrupt shift in our winter weather to much colder conditions that brought heavy snow to the Cascades and rare snow all the way to the Willamette Valley floor. Even though Duncan's report came out in February when he knew about the substantial snowpack, he still used a cover depicting a substantially barren Mt. Hood from a few years back to compare with

continues on pg..6

Daniel Smith Films
WEDDING CINEMATOGRAPHER
DANIELSMITHFILMS.COM

We are your
SUBARU DEALERSHIP ALTERNATIVE
for quality diagnostics, repairs and maintenance.

Problem Solving is our specialty.

We service all Japanese & Asian makes including, Honda, Acura, Toyota, Lexus, Subaru, Nissan, Infiniti, Mazda, Hyundai, Isuzu, and Kia.

SAVE \$20 OFF your favorite "Subaru" service or repair

Same Day AUTO SERVICE
Japanese Car Specialists

P.O. Box 39
16009 S.E. 106th,
Clackamas, OR
97015

503.656.6688
www.samedayautoservice.com

Public Forum



New Evidence Raises Doubts ... continued from pg. 5

ample snow decades ago.

Mote touted his all-too-familiar FAKE science:

“Burning fossil fuels to run our factories, heat our homes, and drive our cars produces heat-trapping gases that unequivocally warm the planet.

Effects of warming are evident on physical, biological, and human and managed systems across the globe and here in Oregon.

This report presents strengthening evidence that Oregon is already experiencing the effects of climate change....

The key climate risks facing Oregon remain the same as before. Effects of declining snowpack...The 2015 snow drought foreshadows mid-century normal conditions.... Oregon’s mean temperature warmed by 2.2°F per century during 1895–2015....Going forward, Oregon’s mean annual temperature is projected to increase by 2.1°–10.7°F by the 2080s...extreme heat events are expected to increase in frequency, duration, and intensity due to warming temperatures.”

It makes a great story, but one that Mote is unwilling and unable to defend. He ignores the obvious problem: proof of warming is not enough. He has to be able to link that warming to man-made carbon dioxide. Knowing that he cannot, he merely bluffs that the evidence is “unequivocal.”

But the problem he faces is even more profound. Mote

cannot make the case that our region or the globe has warmed beyond a tiny rebound from the 'Dickens Winters' of the 1800s. For instance, his 'disappearing Northwest snowpack' meme falls apart every time he tries to cite only the low snowpack years. By the time his words are published, our snowpack has cycled back to normal or above normal levels.



Mark Albright, Climatologist

Keeping after all the nonsense has largely fallen to retired scientists who consider it their duty to confront the bad science that so damages our profession. Among them are former State Climatologists Mark Albright and George Taylor, Meteorologist Chuck Wiese, British scientist Richard Courtney, and yours truly the Astrophysicist. If scientists do not defend the integrity of science, who will?

Snow in the Cascades

Mark Albright recently showed that snow meltout dates, a good measure of winter accumulation and spring melting at Paradise on Mt Rainier have remained amazingly constant since records began in the early 20th century. In recent decades, the snow has disappeared by mid-July on average. It disappeared a couple of weeks earlier in the 1930s, 1940's and 1960's.

Similarly, median meltout dates at Stevens Pass have moved slightly later over the nearly four decades since records began, even though the earliest one occurred in 2015.

Temperatures in Astoria, Salem, and Portland, Oregon

Phil Mote and most other

climate fanatics rely on *compilations* of individual station temperature data, because compilations can be surreptitiously manipulated to show what they want. Furthermore, they usually involve data contaminated by the Urban Heat Island effect, an effect of increasing urbanization. As Richard Courtney pointed out, individual station records are inherently much more reliable for showing real global temperature trends, because all stations are physically connected to the

global climate, and we can carefully examine the quality of individual station records.

Take for instance Astoria, Oregon, a town named after the famous Astor family which helped to build America, but not that much in Astoria. Because Astoria has remained relatively small and it has temperature records going back to 1851, it could provide valuable insight into temperature trends. Indeed, the official NOAA 'Climate at a Glance' website shows much the same upward temperature trend that Mote claims for our area, namely +2.3 degrees F per century. But Mark Albright

found earlier published records from 1851 to 1888 that show an average temperature for July of 59.9 F. That is virtually identical to this July!

Furthermore, the average yearly temperature of 50.0 F in the 1800s is actually higher than what NOAA shows for the present era. They have been correcting the old station data sharply downward to be able to claim a three degree rise. Hence, all the warming claimed for Astoria is due to such “corrections.” That is pure larceny!

Further examination of long standing stations in relatively

continues on pg. ...14

TINA HUSAK
graphic designer

Specializing in
Single and Multiple page layouts
Marketing Materials
Identity Packages
Advertising

503-267-2233
tina@husakdesign.net
www.husakdesign.net

212 SPORTS

Available for:
Parties
Rentals
Banquets
Receptions and more

Two full size basketball courts featuring:
NBA Hoops
Championship Blazer Baskets
Miami Heat Court
Volleyball also available

Baseball instruction
by Major League
Professional John Jaha

Camps, clinics, court and cage rentals
for individual or team needs

11791 SE Highway 212
Clackamas, Oregon 97015
503-650-6022
212sportscomplex@gmail.com

Would you like to receive
The Northwest Connection
each month at your home?

If so, just fill out the subscription form below, mail in your check and we'll get the ball rolling!

Only \$65.00 for one year and \$121.00 for two years

Name _____

Address _____

City _____

State Zip _____

Phone Number _____

The Northwest Connection
A Community Newspaper For The Way We Live

PO Box 61 • Troutdale, OR 97060
503.328.8416

Water Safety Tips for Safe Boating

WATCH YOUR RIDE

- ◆ More than 700 people lose their lives in boating accidents each year and more than 4,500 people are injured.
- ◆ Know your boat - each boat has its own purpose. Make sure you use your boat correctly.
- ◆ Always wear your life jacket while riding on a boat. Nearly 9 out of 10 victims were not wearing one.
- ◆ Make sure an adult is operating the boat.
- ◆ Don't go on the boat if the operator has been drinking alcohol. Alcohol is involved in over 50% of all drowning and boating accidents.
- ◆ Ride a Personal Watercraft only with an experienced adult driver. Always wear your life jacket.
- ◆ Don't stand while your small boat is moving.
- ◆ Don't sit on the gunwale or bow of a moving boat.
- ◆ Know your state's laws governing boating and fishing.

Don't become another statistic!

US Army Corps of Engineers - Portland District



News Brief...

Stop Unethical Sales At The Front Door

BBB Warns Of Deceptive Door-To-Door Alarm Sales

A rise in complaints to home security company ADT, about door-to-door salesman claiming to be affiliated with the company in the Seattle-Tacoma area, prompted them to reach out to Better Business Bureau Serving the Northwest to help warn the public about these deceptive sales tactics.

Although many trustworthy companies solicit door-to-door, BBB and ADT warns homeowners to be alert of fraudulent security system salespeople making the rounds.

In June, a Washington woman was misled by a door-to-door alarm sales company claiming to be affiliated with ADT. They sold her an alarm panel that did not work properly and was beeping intermittently for 24 hours. She was able to get them to remove it and eventually reached out to ADT directly to get a new panel installed.

BBB urges consumers to remember these tips when a door-to-door salesperson knocks at their door:

- **Research for proof.** Some

salespeople will give out suspicious information such as the resident's current alarm company is now affiliated with the salesperson's company or have a too good to be true deal to offer. Consumers should tell the salesperson they may be interested, but to come back at another time. This way the consumer has time to research and contact the business with the phone number on the company's official website or bbb.org/northwest.



- **Ask for the salesperson's identification.** Any legitimate salesperson should be able to provide identification for both themselves and their company such as a permit, business license or business card.

- **Avoid high-pressure sales tactics.** A reputable seller will give consumers time to think through the deal. Avoid sellers who need an answer right away and put pressure into signing a contract or putting down a deposit.

- **Get it in writing.** When making a deal with the salesperson, be sure to get a

receipt or written contract.

- **Remember the Federal Trade Commission's "Cooling-Off Rule."** This rule gives consumers three days to cancel purchases over \$25 made at their home or other location that is not the seller's permanent place of business.

- If in danger, call local authorities. If a seller or contractor gets irate or difficult, shut the door and call the local police department.

Consumers who are considering a home security system are advised to visit bbb.org/homesecurity for more tips. Contact BBB for more information about speaking with a representative from ADT.



Stop Dreaming and Start Flying

Quality, Affordable, Safe flight instruction at Gorge Winds Aviation Troutdale Airport.

Call Steven Cochrane 503-703-6766 or email at cochrane77@aol.com



Make 2017 the year to do it!

TASTE OF VILLAGE

Chinese Restaurant & Lounge
(Cantonese & Mandarin Cuisine)

Sun. - Thurs. 11:00 am - 10:00 pm Fri. - Sat. 11:00 am - 10:30 pm



美味村

302 E. Columbia River Highway • Troutdale, Oregon 97060

West of Troutdale City Hall

Food Orders To Go

Phone: (503) 666-7768

WEBCROSSWORDS.com

ACROSS

- 1) Fiction alternative
- 5) Make sore by rubbing
- 10) Melancholy
- 13) Norway's capital
- 14) Spartan slave
- 15) Gumbo pods
- 16) Carnival attraction
- 19) Home to some fish
- 20) Pizarro's foes
- 21) Wanted poster word
- 22) Suspicious way to look
- 24) Some medical tests
- 25) Rock's David Lee
- 26) Epsom and smelling
- 28) Type of hand or lung
- 30) Boredom
- 31) Used a bench
- 34) Mike Trout highlight
- 38) May honoree
- 39) Small, thin pancake (Var.)
- 40) Love to a fault
- 41) Drunkard
- 42) Belgrade resident
- 44) Orchard tree
- 46) Russell or Saldana
- 49) Like wealthy landowners
- 50) Small Old World lizard
- 52) Golf standard
- 53) Stir in the morning
- 56) Williams and Turner
- 57) Base jumper's need
- 58) In full flower
- 59) Some are faked
- 60) Relents (with "up")
- 61) Steady annoyance

DOWN

- 1) Bone cavity
- 2) Fireplace residue
- 3) Place for checkers?
- 4) "___ many cooks ..."
- 5) Bedbug
- 6) Therefore
- 7) Unwanted organism in an aquarium
- 8) Hazy mental states
- 9) Touchdown info (Abbr.)
- 10) Quantity of yarn
- 11) Wall hanging with pictorial designs
- 12) Weekly septet
- 15) Earthenware cooking pots
- 17) It may stick to the windshield
- 18) Milk-related
- 23) Top-rated
- 24) Fake coin
- 26) Shoot with great precision
- 27) Prince Charles' sister
- 28) Suffix with "ideal"
- 29) P, on a fraternity jacket
- 30) They're historically significant
- 31) Lincoln's hat type
- 32) Tread the boards
- 33) Loop-loop connector
- 35) Gives a dressing-down to
- 36) Common test answer
- 37) Jewish calendar month
- 41) Gushes
- 42) Not-too-bright crowd
- 43) Table extender
- 44) Was sore
- 45) Urges on
- 46) Kind of bud
- 47) Keepers of jewels
- 48) "Looks ___ everything"
- 49) Piedmont wine city
- 50) Turkish honorific (Var.)
- 51) African plains grazers
- 54) What makes a drink clink
- 55) Cut off, as a branch

THE SHO MUST GO ON

1	2	3	4	5	6	7	8	9	10	11	12
13				14					15		
16			17					18			
19			20					21			
22		23					24				
	25				26	27					
28	29				30				31	32	33
34			35	36					37		
38			39					40			
		41					42	43			
	44	45					46			47	48
49					50	51			52		
53				54					55		
56				57					58		
59				60					61		

Solution is on page 17

Reprinted with permission

If we ever forget that we are one nation under God, then we will be a nation gone under.
—Ronald Reagan

WE HAVE WHAT YOU NEED TO GET READY FOR YOUR NEXT PROJECT



Total Rental Center

22017 SE Stark St.
Gresham (at 12 Mile Corner)
503-665-3107
Open 7 Days

503-665-3107

B&R Rental

14601 SE Orient Dr.
at Intersection of
Orient & Kelso Rd
503-668-5915

503-668-5915

Serving East County Since 1970

The Northwest Connection



August In Warsaw.
continued from pg. 1

The Wehrmacht was in retreat ever since the Battle of Stalingrad turned the tide of WW II, a year-and-a-half before.

A Polish Army, formed in the USSR with the active help of Polish Communists, fought side by side with the Red Armies. The soldiers were recruited from the Polish population dispersed in the USSR

after 1939, when Hitler and Stalin were still allies. Of all political stripes, they were united by a common desire to liberate Poland.

Officers and the top command were hand picked by the Soviets and were loyal to them. The allied armies were advancing on Praga, the Warsaw district on the right (Eastern) bank of Vistula, comprising some 40% of the city.

On Polish territory, several underground groups operated, including the Home Army, loyal to the Polish Government in Exile in London. For months, they were preparing plans for an uprising, but there was no date set. Underground groups loyal to the Soviet Union were preparing too.

On July 22nd, Stalin established a puppet Polish government, Polish Committee

of National Liberation (PCNL). While his insidious designs for Poland were not yet entirely disclosed, it was clear that whoever captured Warsaw would have an advantage in shaping Poland's future.



Warsaw's devastation

The Red Armies were preparing an encircling maneuver to capture Warsaw, and despite claims that emerged later, possessed more than adequate supplies, including

fuel and munitions, to launch a crushing offensive against the Germans, who were significantly outnumbered and whose high command considered the situation as alarming. Airfields in nearby Modlin and Deblin, respectively North and South of Warsaw, were at the Soviets' disposal to launch airstrikes.

On July 27th, German authorities in Warsaw made a public announcement ordering 100,000 Polish men and women, ages 17 to 65, to report on the following day to start work on fortifications against the approaching Red Armies.

In the evening of July 29th,

Radio Moscow broadcast in Polish a call to arms directed

at the citizens of Warsaw. Similar broadcast was sent by a Polish Communist radio station "Kosciuszko" the next day, calling Poles to armed resistance. Soviet planes dropped leaflets urging Warsaw citizens to rise.

Citizens of Warsaw now faced a choice to report to work to resist the Soviet offensive, or to rise against the retreating Germans.

In the light of the inevitable, Home Army General Bor-Komorowski issued an order to start the uprising on August 1st. Communists joined too.

Stalin was taken by surprise, claim some historians today.

This seems curious. Those days, one didn't simply walk up to the mic in Moscow, and start a broadcast. Or print and drop plainloads of leaflets. Not usually without approval from the high command.

Warsaw had been a proud and intellectually independent city. She became the Capital of Poland in 1596 when Polish King Sigismund III Vasa moved his court from Cracow. Warsaw is much closer to Stockholm than Cracow, and Sigismund traveled to Stockholm from time to time.

A marble column with his statue on the top, holding a cross in one hand and a sword in the other, was later erected in a large plaza in front of the Royal Castle in the Old

Town. In 1611, in that very castle, Sigismund received a tribute from the Russian Czars, captured by the Polish troops, the only foreign army ever to enter Moscow uninvited. Centuries later, Polish communists marching into Poland along side of the Red Armies and trying to build a new friendship between the nations, had some explaining to do.

When in 1920 the Red Army was proceeding West, seemingly unstoppable, in its quest to "liberate" Europe from the old political and

continues on pg. 12



Figure of Jesus Christ in front of the Holy Cross Church

STIR FRY MARINADE

THAI COOKING

VEGGIE DIP

CHICKEN & RICE

CHICKEN WINGS

SALAD ROLLS

NOODLES

CUCUMBER CHICKEN

APPETIZERS

DIPPING SAUCE

RICE

Serving Suggestion

Chicken and Rice

Cut 6-7 chicken breasts into 1/2 inch pieces. Cook chicken in a deep pan with 5-6 oz of water on medium/high heat until juices from chicken run clear. Once chicken is cooked, add 18 oz of PB WOW Sauce and stir until chicken is well coated. Continue to cook until sauce is medium brown in color. Serve over rice.

Enjoy the great flavor of PB WOW Sauce!



A DELIGHTFULLY SOPHISTICATED PEANUT SAUCE

Years ago I spent a month in Thailand doing Tsunami relief. It was during this time I discovered the amazing flavors in Thai cuisine.

Upon my arrival back to the states, I began experimenting with many different spices. After a splish, a splash, a pinch and a dash, I perfected my own brand of Peanut Sauce.

It has been tasted by many, and loved by all.

**I call it PB WOW!
Available in two sizes!
10 oz & 18 oz Regular or *spicy!***

For orders contact Brian herigstadb@gmail.com



Sudoku Puzzle Solution

5	3	2	4	9	8	6	7	1
4	6	8	1	3	7	2	5	9
9	7	1	5	6	2	8	3	4
8	5	9	3	2	1	4	6	7
1	4	7	6	8	5	3	9	2
3	2	6	7	4	9	5	1	8
2	9	3	8	1	6	7	4	5
6	1	5	2	7	4	9	8	3
7	8	4	9	5	3	1	2	6



Summer Activities continued from pg. 1

necklace or whatever other objects we had lain on the top, the objects' shapes were there in white, that is until the natural light exposure darkened them, too.

There is a similar less expensive experiment you can try at home. Take a dark piece of construction paper and lay it outside in the sun. Your child can place objects on the paper (note: transformers make cool outlines). When your child removes the objects a few hours later, the construction paper will have faded everywhere but where the objects covered the paper. Plastic fades in the sunlight too so avoid setting things out that are too precious to have altered by the sun's rays (note: transformers are made of colored plastic that fades – you can see where I'm headed with this).

An activity that we have enjoyed in summer is setting up an easel in a shady spot outside. We usually throw an old sheet down on the patio and let our child have at it with non-toxic paints. No worries about paint on walls or furniture, just a good time playing colorfully and creatively. The warm air dries the paint quickly so you can display the results almost immediately. Paint-splattered arms and legs? The quick solution before heading indoors is known as "garden hose treatment." A

spray and cool-down is fun! What child doesn't giggle at the surprise and blast of spray from the hose?

Ah, this leads me to another trick of the parenting trade: if you need to get something done in the yard and also stay near your children, assign them a watering job. It is kind of like occupying little kids at the sink "washing" non-breakable dishes. (Teenagers are an entirely different story -- no explanation required.) You may find that more than your potted plants or garden beds get a hefty drink, but the kids will have fun, your plants will get watered, and you will finish your own task or two at the same time.

Along the lines of paint and water, take some drinking straws and paint brushes outside. Kids love blowing water around on tables, boards or anything flat; all they need is a little puddle of water on a flat surface and a drinking "blow pipe" straw to chase it around. This also works great with paint and paper if you want colorful evidence of your young artists' work. Paint brushes and cups of water make for easy patio, driveway or sidewalk art. On a hot day the concrete canvas clears itself faster than an Aquadoodle thereby leaving plenty of room for creativity.

Often times your kids will come up with their own ideas of creative fun right outside your own living space. Enjoy the opportunities and seize the rest of summer with them.

Corbett Fire Department Recruiting Volunteer Firefighters- Apply By Aug. 11, 2017

Corbett Fire Department is an all-volunteer fire department that serves the Corbett, Aims, and Springdale communities. Currently the department has 32 volunteers with a Chief who works ½ time. In 2016 the department responded to 470 calls for assistance. Both women and men are urged to apply. In the 2016 recruiting class, two of the members were women. In addition, Tessie Adams a Corbett volunteer, was selected as Oregon Volunteer Firefighter of the year for 2017. All age groups should consider joining; currently the ages of the firefighters in the department range from 20 to 70 years. Training is a high priority and new members are not required to have previous firefighting or medical training. The Corbett Fire Department will provide firefighting and medical training before new members can respond to calls.



Corbett Fire Department needs you!

Firefighting doesn't have to involve fighting fire! Last year the department responded to medical calls, rope and water rescue calls, vehicle accidents, hazardous materials incidents, as well as structure, vehicle,

and wildland fires.

The Corbett Fire Department is governed by a five person elected Board of Directors and operates with

a budget of \$492,000.

Training is a high priority and firefighters are provided with modern equipment. This fall the Springdale Station will receive a new fire engine.

New volunteers will get a chance to learn new skills, make a difference in the community, take advantage of training and educational opportunities, and be a part of a proud 68 year old tradition. Applications are due Aug. 11, 2017.

Contact Chief Dave Flood (503-803-5244/ 503-695-2272) or visit our booth at Corbett Night Out on Aug. 4, 2017 at the Corbett Grade School. (5:30-8:00PM)

**Self-discipline.
Dedication.
Practice.**

**Achievement.
Excellence.
Fun.**

Rifle:
a great Sport

ADVANCED FIREARMS TRAINING, LLC

BUY- SELL- TRADE- NEW & USED
RIFLES- SHOTGUNS- HANDGUNS

TRAINING & CLASSES

In-House Infrared Scenario Training Range / OR AZ & Utah CCW Classes

PLUS:

Ammo - Scopes - Mounts - Knives - Gun Cases & Cleaning Kits - Holsters

Snugpak Products - First Aid Kits



R.A. (TONY) KRISS
1121 NE Division Street
Gresham, OR 97030

503-912-1842 | aft@usa.com

Oregon, Arizona, & Utah CCW Classes

Be safe, training is the key.

 Like us on Facebook



The Hunt Is Coming!

visit us on [facebook.com/ShyAnnMeatsSausageCo](https://www.facebook.com/ShyAnnMeatsSausageCo)

- Holiday and Game Snacks!
- The Best Prices for the BBQ Season!
- Rib Roasts, Smoked Meat, Hand Made Bacons & Hams!
- Sausage, Jerky and Pepperoni Available.
- 3 Generations of Locally Sourced Meat Cutting, Sausage Making and Smoking Experience.

Gift Certificates Available!



Be Safe This
Hunting
Season...



14798 South Henrici Rd in Oregon City, OR

503-518-7006 or shyann@bctonline.com

www.shyannmeats.com

Find Us At The Oregon City Farmers Market

The Northwest Connection



The Best Medicine
continued from pg. 1

covered with the Tiger Swallowtail butterflies. They were Mom's favorites, also. She had once spent happy hours sitting among them.

My mother was a beautiful woman who loved her family above all else. Her next love was that of travel. My father died at age 65 and left a bereft widow. After that first heartbreaking Christmas alone, my mother sought travel in order to take her mind off the void in her life. She and two close friends would book a cruise during the holidays. We were happy for her and would postpone "Christmas with grandma" until she arrived home.

Eventually, she became something of a cruise "junkie". And, we acclimated to

Christmas in January just fine. This went on until her two travel companions became infirm. Mom continued for a while, meeting numerous

Mom passed away the following Tuesday all those years ago. Every Summer since then I find myself surrounded by Tiger Swallowtail butterflies.

business men who found her worthy of a proposal. Mom was witty, attractive and extremely bright. Periodically, Mom was toasted and honored for her number of cruises, always at the Captain's Table.

In her early 80's, mother began to stay home for the holidays and so it went. Then Mom got sick. A special insurance policy enabled us to keep her in her home with a house keeper and nurse. With her

beloved Siamese cat and my sister and I, we kept her happy. Inevitably, however, we were just not enough and soon began her journey with Hospice.

Mom would fade in and out of reality. I was the one who sat beside her that last Summer Sunday. Mom was deep in a coma, but I spoke to her anyway. I spoke of sunshine and warmth, of love and Daddy and butterflies. I told her that I hoped when she passed on that she would become eternally a lovely Tiger Swallowtail butterfly. I told her I hoped she would visit us each Summer. Finally, I laid my head against her and gave way to quiet tears.

Mom passed away the following Tuesday all those years ago. Every Summer since then I find myself surrounded by Tiger Swallowtail butterflies. There will always be one that comes amazingly close, hovering near my face. I know deep in my heart that Mom is there reminding me that hers is a forever love. And, that is the best medicine.

Friendship

Let us be grateful to people who make us happy, they are the charming gardeners who make our souls blossom.

—Marcel Proust

Be courteous to all, but intimate with few, and let those few be well tried before you give them your confidence.

—George Washington

You can always tell a real friend: when you've made a fool of yourself he doesn't feel you've done a permanent job.

—Laurence J. Peter

Summer Fun Word Search

e s e s m b s s o m a m h h m
o e m o a w a v e s u n h a t
l g i m h o n s h v m a w t m
l u a o d b d m a t b e a c h
e u t n l s d b h f r m t w o
o s n s l g m s e w e h e t h
e i v s p u o w t n l a r n h
w a m b h n t s p m l i v m a
m c p o o l e m o n a d e d a
o p o a t m t l p e w a h w u
l s l t h o f i s h i n g a f
m h h r e e s w i m s a h c a
s s u c e a a e c e s f p i p
s f d i r h s p l a s h m e i
h w o h s u m m e r d e c c n

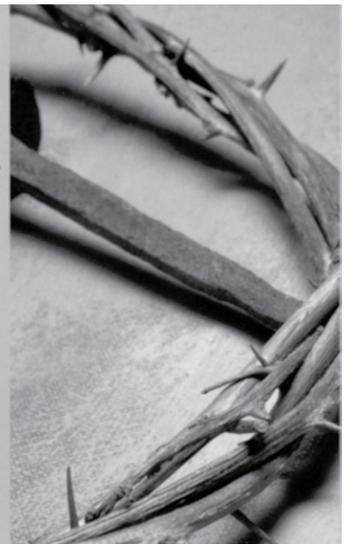
- beach boat fishing
- hot lemonade pool
- popsicle sand splash
- summer sunhat swim
- umbrella water waves

Releasing the Prisoner Within, a 63 day Recovery program by Keith E Jackson, MA, MFT

Available in paperback, e-book online amazon.com, Barnes&Noble, Xulon Press, and Powell's books.

One Last Chance Outreach

www.olcoutreach.com



Stop Norovirus!

Norovirus causes diarrhea and vomiting. It spreads easily from an infected person to others, especially in long-term care facilities. Elderly residents are more likely to become very sick or die from norovirus.

Protect yourself and elderly residents from norovirus.



WASH YOUR HANDS
Wash your hands often with soap and water for at least 20 seconds each time and avoid touching your mouth.



CLEAN SURFACES
Use a bleach-based cleaner or other approved product* to disinfect surfaces and objects that are frequently touched.



WASH LAUNDRY
Remove and wash soiled clothes and linens immediately, then tumble dry.



USE GOWN AND GLOVES
Use gown and gloves when touching or caring for patients to reduce exposure to vomit or fecal matter.



STAY HOME WHEN SICK
If you're sick, stay home and don't take care of or visit people in long-term care facilities for at least 2 days after your symptoms stop.

For more information, visit www.cdc.gov/norovirus



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

*Use a chlorine bleach solution with a concentration of 1000-5000 ppm (5-25 tablespoons of household bleach [5.25%] per gallon of water) or other disinfectant registered as effective against norovirus by the Environmental Protection Agency (EPA) at http://www.epa.gov/oppad001/list_g_norovirus.pdf

**Call 503-328-8416
For Advertising Rates!**



The Northwest Connection

Take A Hike!



By Victoria Larson, N.D.

We're finally past "January" in Oregon and the vagaries of July, so we

can actually find outdoor weather a little more reliable. Residents of Oregon and visitors as well, it's time to take a hike in our beautiful countryside. Always with a cellphone, water, food, and a jacket in order

to be prepared "just in case."

A good motto no matter what you are planning.

A trail map and a plant and/or animal guide is always a good idea too. While I've made it a point to know my animals, it's the plants (especially herbs and weeds) that I've been trained in. The

natural world appeals to me way more than Big Pharmacy, though there is a place for both in our modern society.

Rather than buying over-processed herbal preparations in plastic bottles from a large profit-oriented outlet, I prefer to be closer to the source and know what I'm using. Sort of like going to the farmers' market or food co-op rather than buying processed, over packaged foods from faraway lands in a big-box store.



Kudzu plant

But if you are buying your herbs this way, what do you really know about them? United Plant Savers is a non-profit organization (802-476-6474-PO Box 400, East Barre, VT 05649) dedicated to preserving native medicinal

plants. Does your herb bottle label tell you where or how or when the herb was collected? With herbs, everything can make a difference in efficacy, including location, weather, age of plant, ceremony, and even the mood of those collecting.

Common herbs you may be buying like Blue or

Black Cohosh, Echinacea, Goldenseal, Wild Yam, and others, are all on the "At Risk" list for survival in the wild. Echinacea and Goldenseal from your own garden or nearby forest is fine IF you continually replant, care for the species.

Rather than over-harvesting

Goldenseal (*Hydrastis Canadensis*) we could substitute Oregon Grape for the same medicinal purposes. While it may seem strange, Oregon Grape is on the "To Watch" list from United Plant Savers. It is abundant in Oregon in yards, schools, and places no one cultivates, but

overharvesting and habitat loss make it a plant to be aware of diminishing in others states and areas. You are not likely to find any of that out from any label, leaving you more removed from the source.

As with mushrooms, or any

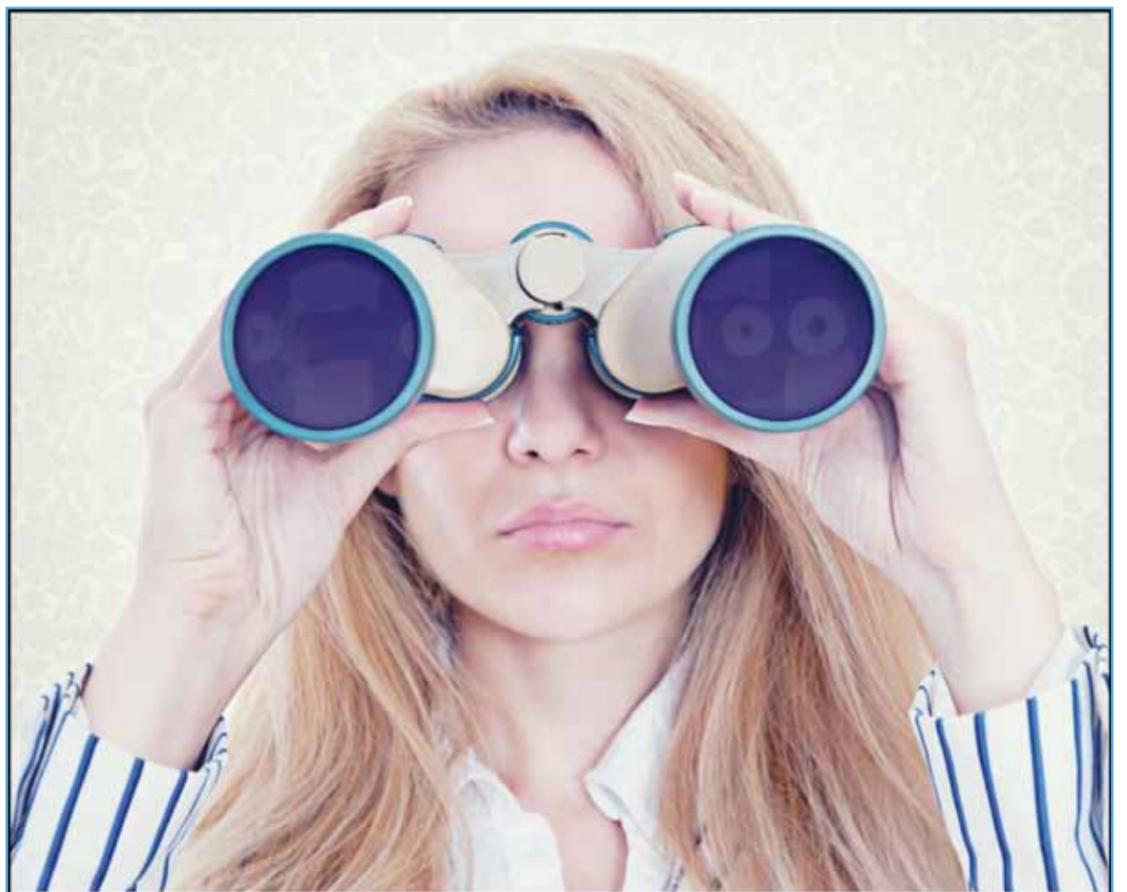
continues on pg. 13

A Better Way in Commercial Real Estate

- Acquisition, Disposition, Leasing
- Land, Retail, Industrial, Multi-Family, Hospitality, Office



Karen Schaaf, Broker
Lackman Commercial Group
RE/MAX equity group
C: 503-705-6987
karenschaaf@remax.net
Liscensed in Oregon



Want to be SEEN?

The Northwest Connection connects local businesses to your community.

503-328-8416
www.nw-connection.com

Affordable Advertising Rates!
With Ad Design Included...

Call Us Today!

Investments you can hold in your hand.



Extremely competitive Buy & Sell spreads on Gold, Silver and Platinum Bullion



Affordable Jewelry and Precious Metals



Offering 24kt Gold Coins and Bars from 1/10th oz to 100 ozs

Downtown:
304 SW Washington St.
Portland, OR 97204
503.227.4653

East:
10584 SE Washington St.
Portland, OR 97216
503.254.6838

Broadway:
1939 NE Broadway St.
Portland, OR 97232
503.282.0332

Visit AJPM.com for current prices!

EDUCATION



MATTERS



www.phonicsphactory.com
3333 NE 8th Street Gresham, OR 97030 503-661-5632

The Northwest Connection



August In Warsaw continued from pg. 8

economic order and to establish the Soviet system across the continent, it suffered a sudden and inexplicable defeat in the Battle of Warsaw on August 15th, which like the battle of Stalingrad to come, completely turned the tide of victory, this time for the Polish forces.

August 15th is a major Roman Catholic Feast of the Assumption of Mary, and the event was termed the Miracle at the Vistula.

Soviet leadership, including Stalin, never forgot this defeat

from the hands of a newly reborn Polish Republic, near Warsaw, where for 123 years Russian was the official language, after the Partitions of Poland between Russia, Prussia and Austria in late 1700's, which ended just 2 short years before, at the end of WW I. Polish-American hero Tadeusz Kosciuszko fought against the Russians before the partitions, and two unsuccessful insurrections, in 1830 and 1863, remind us of the will and the spirit of the Polish people.

Joseph Stalin's vision for post-WW II Poland was that of a well-fed and happy pet bulldog on a short leash. A proud city with anti-Russian and anti-Soviet sentiments, challenging the new order marching in, was not part

of that vision. The Warsaw Uprising presented an opportunity to the dictator to have the Germans clean up the proud city of undesired



Restored figure: "Svsum Corda" is Latin for "Raise your Hearts."

political element, and erase any memories that would challenge the new order. Unlike in Katyn, where Soviet secret police, NKWD, murdered tens of thousands of Polish military and paramilitary forces in 1940, and later

blamed it on the Germans, this time cleaning up the proud city could be outsourced to the Germans willing to do the bidding with no questions asked.



Insurgent weapons

The Soviet offensive to liberate Warsaw was halted, the mighty armies were ordered to rest. Allied planes flying

supplies for the Uprising from air bases in Italy, were not allowed to use airfields on the East bank of Vistula, under the Soviet control, or to refuel. General Zygmunt Berling of the Polish Army, and King Sigismund's namesake, launched strikes across Vistula and successfully captured several West bank bridgeheads near Warsaw, only to see his soldiers blown to smithereens by German panzers in the absence of adequate Soviet artillery and airforce support. Some supplies were later dropped by the Soviets, likely for PR purposes. The January 17th Soviet offensive next year was to eventually liberate Warsaw.

The uprising surrendered in early October. The fighters left the city, which was devastated by the fighting and by personal orders from Fuehrer. Pictures

of Warsaw from that time are not much different than those of Hiroshima. In the 1960s, there were still piles of rubble in various parts of the city.

Warsaw Uprising is a subject of a controversy to this very day. Many families are still divided on this issue.

Evaluated militarily, the Uprising was an utter disaster. It completed the destruction of Warsaw, and claimed the lives of a whole generation of young Poles.

Its political gains are not clear and are disputed to this day. Stalin succeeded in implementing a Polish government loyal to him, and methodically, treacherously

and ruthlessly stomped out all the policial rivals.

Morally, Warsaw demonstrated its will to stand up to the



Polish King Sigismund III Vasa Monument

very two evil political systems that cast shadow on the 20-th century. The Uprising Memorial in Krasinski Square reminds

us that in the West, we consider some ideals worthy of not only living for, but dying for if needed. The monument has parts scattered across the plaza, much like the Uprising enclaves were scattered across the city, connected by sewers and passages like the Jerusalem Avenue Passage, mentioned by President Trump.

When the idea of a Monument to commemorate the Uprising was first suggested, the Communist government did not want to make a tribute to the Uprising, but only to its fighters. The narrative, consistent with the Soviet policy dating back to the

uprising itself, was that the Uprising was a blunder of ruthless, decadent and stupid Polish leadership loyal to the London Government, with Warsaw people both its victims and heroes of the armed resistance. Recognizing the Uprising as such would ruin that narrative.

Over fifty years after Stalin's cunning, Poland is a free nation again, able to praise not only its heroes, but the very ideals that animated them.

Warsaw is once again a part of the free West, and a bridge to the East.

References:

https://en.wikipedia.org/wiki/Warsaw_Uprising

Norman Davies, "Rising '44, the Battle for Warsaw."

Arthur Bliss Lane, I Saw Poland Betrayed: An American ambassador reports to the American people (The Americanist library).

<http://www.1944.pl/en>

https://en.wikipedia.org/wiki/Warsaw_Uprising_Monument

<http://www.warsawuprising.com/witness/vaneyssen.htm>

With no-cost mammograms* available at professional, medical facilities, there's no reason to wait. The sooner you have a mammogram, the greater your chances are of finding cancer in its early stages and making a full recovery. It's your life. Go live it.

Call 1-800-4-CANCER to schedule your mammogram today.

*Eligibility criteria may apply.

HobbyTown USA
Toys for All Ages!

10317 SE 82nd Ave.
Happy Valley, OR 97066
971-222-2688

8720 NE Centerpointe Dr.
Vancouver, WA 98665
360-823-0904

www.hobbytown.com



Places To Go & People To See

Take A Hike
continued from pg. 11

wild plant, you must use visual guides. Taking a class that includes hiking in the wild is even better.

There are excellent guides, from the late Euell Gibbons and Nelson Coon to more modern guides with color photographs. I like to use both the old line drawing guides

as well as the newer color photos when hiking to collect plants. Remember to collect only in areas where it is allowed and be sure no sprays have been used.

Many of the more useful plants are subjected to the carcinogenic assault of herbicides like Round Up and worse. You've probably heard

of the usefulness of plants like Dandelions (salads and coffee substitute in Europe) but there are other wild edibles you may wish to learn more about.

Barks, berries, ferns, flowers, leaves, and roots are all useful for making medicines, teas, soups, stews, and even candy.

The battle to destroy so-called harmful wild plants

and weeds will continue. Certainly the over-growth of non-indigenous blackberries in Oregon is an example of a species out-of-control!

Another interesting example in our society is the much-maligned Kudzu. Yet it is grown extensively in other areas of the world for food, fodder for animals, erosion control, and as a cover crop. Previously it was a staple food



Kudzu seeds

crop for centuries in Asia until crops like sweet potatoes were introduced. Interestingly, Kudzu has a lower glycemic index than sweet potatoes. The plant is a 'cousin', and even a look-alike to jicama. The root is still used to make

nutritious broth for healing digestion, inflammation, and tonifying deficiencies. In other words, a wild food that "cures what ails you."

With a reminder to never taste, touch, or eat anything from the wild that you are not 100%

sure you know, enjoy your hike around beautiful Oregon.



All American Rentals

in Estacada

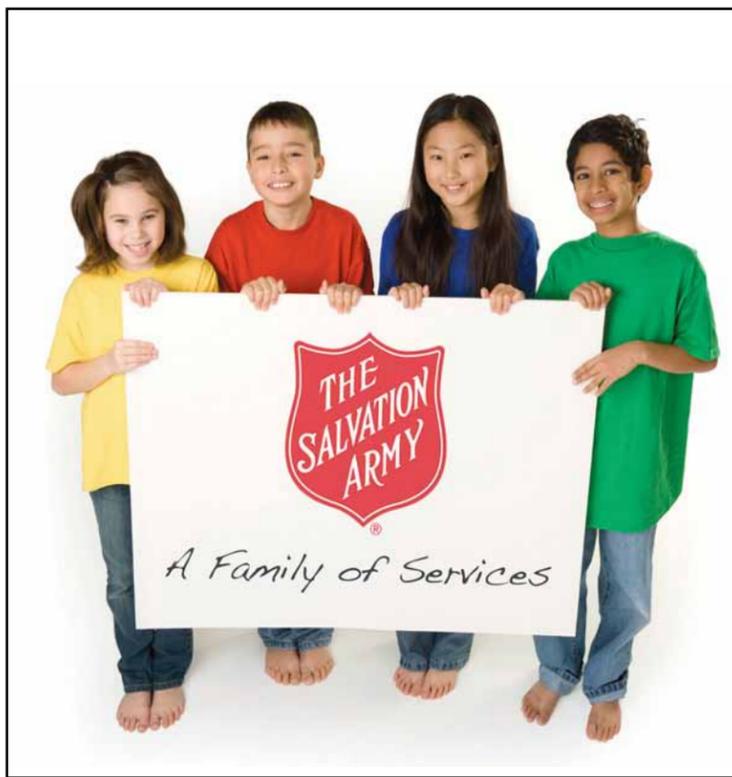
(503) 630-RENT (7368)

www.allamericanrentals.com

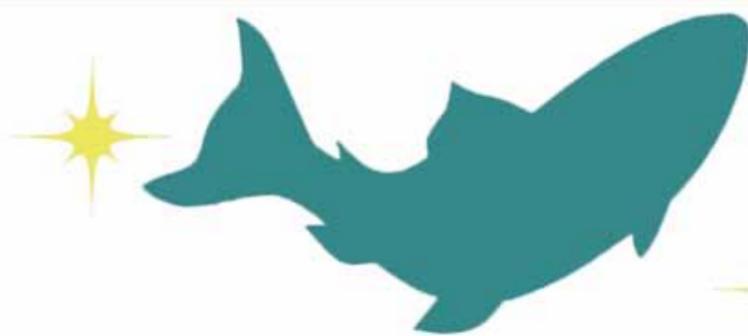


Weddings
Tables / Chairs
Parties
BBQs
Fundraisers
Birthdays
and Much More!

Inventory of: Gardening, Landscaping,
Small Tools, Construction, Storage Containers,
Trailers, Excavators, Tractors,
Skid steers, Deliveries and Propane



10TH ANNUAL JOHNSON CREEK CLEAN-UP!



AUGUST 26 2017
CLEAN-UP 9AM - 12PM
BBQ 12PM - 2PM

register here: bit.do/cleanup2017



First 100 to show up get a FREE t-shirt!



We will not be picking up any hazardous waste materials, construction, remodeling or demolition materials; kitchen garbage, residential yard debris, or waste and recyclables collected curbside.



The Northwest Connection



News You Can Use...

Where Are The Next Job Opportunities?



By Jim Kight, The Northwest Connection

Troutdale has recently hired a new city manager that previously served as the municipal court judge for some 27 years. Prior to serving as judge, Ray Young, 57 was the prosecuting attorney for the city. He is well connected,



Ray Young is hitting the ground running as the new city administrator for Troutdale. Serving first as city prosecutor, and municipal judge for many years with a bent to creativity in his sentences, he uses those same skills sets in managing a growing city.

understands the city, and is the obvious choice to help manage the city.

Driving down Interstate 84 going west bound I noticed construction projects underway and projects continue as you head over to

Marine Drive. Troutdale has divided their commercial zones from residential by locating the majority of the commercial properties to the north of Interstate 84. In a recent interview, I asked Young if he could give us an idea of current projects and jobs that could be available in the future.

What currently is building built in downtown Troutdale?

Bremik Construction is finishing up the condominiums on the



Discovery block on 2nd street. Although these housing units were built as speculation housing they

have proved so popular that last phase has sold out before they were finished. That leaves the empty lots on main



street undeveloped but the word is that they are looking to start construction soon on one or both of those properties.

Recently there was the announcement of Amazon building on the TRIP property. Tell us about that.

The Troutdale Reynolds Industrial Park currently the home of FedEx is going to have a new neighbor. Amazon has purchased 80 acres to build a \$180 million-dollar facility for up to 2,000 employees. This company expects to be operational by fall of 2018. We envision ancillary facilities like box manufactures and others to locate near Amazon. There could be far more than 2,000 jobs once Amazon is up and running. There is an additional building under consideration next to Sundial Road which will have 300,000 square feet once completed. Lots to the east of the Amazon location are currently being

continues on pg. 16

New Evidennce Raises Doubts ... continued from pg. 6

rural settings, like the station near Salem, Oregon show only a small upward temperature trend of +0.3 degrees F per century, according to NOAA. That is far less than Mote claims for the Northwest.

His nonsense about increasing heat waves is **not true** either. Salem reached an all-time record high of 108 F three times, *none recently*: July 23, **1927**, July 15, **1941**, and August 9, **1981**. And the decade with the greatest number of hot days since the 1940s was the 1970s.

Even Portland, with a substantial Urban Heat Island effect, shows a similar pattern. The most 100 degree F days were in the 1970s.

Sorry Phil, your claims of *increasing* heat waves threatening Oregonians are just hot air.

A little gem: Tatoosh Island, Washington

In his search for long and pristine temperature records, unaffected by relentless urbanization, Climatologist Albright found the first order weather station on Tatoosh Island. Although barely more than a rock outcropping off the northwest coast of

Washington State, Tatoosh Island has 134 years of climate records that tell a remarkable story. From the 1910s to the 1940s, this remote station warmed by about one degree F. But for the last 70 years, it has not warmed at all, despite the increase in atmospheric carbon dioxide that began in earnest with the industrialization after World War Two.

Sorry Phil, your continued case for climate alarm is hogwash. While your 'climate models' do call for greatly increasing temperatures in response to rising atmospheric CO2, the best empirical climate data say they are wrong. It is time to stop scaring Oregonians with continued tall tales of an apocalypse that few scientists support anymore. And it is time for those who use your predictions to propose ever more costly and environmentally destructive solutions for an imaginary problem to find other employment.

Gordon J. Fulks lives in Corbett and can be reached at gordonfulks@hotmail.com. He holds a doctorate in physics from the University of Chicago's Laboratory for Astrophysics and Space Research and has no conflicts of interest on this subject.



It's true:
You can help reduce your cancer risk.

There are choices you can make that can help reduce your risk of getting cancer. Some of them may be easier than you think.

Stay away from tobacco, including cigarettes, cigars, chewing tobacco, and other forms.

Get to and stay at a healthy weight.

Get moving with regular physical activity. We recommend at least 75 minutes of vigorous activity or 150 minutes of moderate activity per week.

Eat healthy with plenty of fruits, vegetables, and whole grains, and by limiting red and processed meat.

Limit how much alcohol you drink (if you drink at all); no more than 1 drink per day for women and 2 drinks per day for men.

Protect your skin from the sun with sunscreen, clothing, wide-brimmed hats, and sunglasses; and avoid the sun from 10 a.m. until 4 p.m.

Know yourself, your family history, and your risks, and let your health provider team know about them, too.

Get regular check-ups and cancer screening tests.

Visit us online at cancer.org or call us 24 hours a day, seven days a week at **1-800-227-2345** to learn more about what you can do to help reduce your cancer risk and to get answers to your cancer questions. We're here when you need us.

Come Start New Friendships with the...

Prime

Singles age 50 and up are invited to Join Us!

Wednesday, Sept. 6th, 2017

Heidi's Restaurant
1230 NE Cleveland off Burnside
Gresham, OR 97030
503-667-4200

Social at 6 pm, followed by ordering from a special dinner menu at 6:30 pm
Dinner is Dutch treat.

For more information contact Pat
PrimestimersDining@aol.com
503-936-5861
www.PrimeTimersDiningClub.com

Oregon Global Warming Commission
Biennial Report to the Legislature
2017

Cover page of Angus Duncan's latest report to the Oregon legislature. Note the larceny in the photo comparison. To suggest that Mt. Hood is continuing to lose snow and ice, Duncan uses a 2013 photo taken in low light to compare with one taken in bright sunshine three decades earlier. If she had shown a comparison this year in full daylight, we would have seen a magnificent rebound.

George Washington's middle name was...?

Take the quiz and find out!

www.MyOregonRights.com



The Northwest Connection



MultCoPets.org
Multnomah County Animal Services
Protecting Pets and People
(503) 988-7387

Keeping Your Pets Cool In Hot Weather

Learn how to protect your pet from the heat, stay cool, and prevent heatstroke.

It's important to protect pets from the heat to avoid heatstroke, which can be difficult to treat once it begins, and can be life threatening. Please observe and share the following guidelines and resources for keeping pets cool in hot weather.

Steps to keep your pets cool

- Don't leave your pets in a parked car, even while running
- Make sure your pets have access to plenty of

water at all times.

- Place some ice in their water bowl.
- Provide an outdoor pool filled with cool (but not cold) water.
- Know that pets are cooled primarily by panting and the pads of their paws, and fans do little to cool them off.
- Avoid excessive exercise with your pet in the heat.
- Seek air conditioning, shade, and avoid putting your pet in direct sunlight for long periods of time.
- If your pet appears to be

panting excessively (or if your cat is panting at all), wrap them in a wet towel, and see the symptoms and treatment for Heatstroke below.

Pets in Hot Cars

If you see or hear about a pet in a hot car, it's important to respond immediately. Lives are at stake.

- Call the Multnomah County Animal Services Dispatch at (503) 988-7387.

Dispatchers will ask you about what you observe, and advise of next steps: Is the vehicle in the shade or the sun? Does the animal appear to exhibit any of the signs of heatstroke?

- Animal Control Officers and municipal police departments will respond to assist you.
- Citizens are legally permitted to enter a vehicle



Don't let tragedy strike your pet!

and remove pets or children in imminent danger of suffering harm if certain requirements are met, as per Oregon HB 2732. Multnomah County Animal Services or law enforcement must be notified

of your emergency entry into the vehicle prior to or soon after the pets are removed. You must also remain with the removed pets in a safe location

near the vehicle until Animal Services or law enforcement arrives.

Heatstroke Symptoms and Treatment for Dogs

Symptoms of heatstroke in dogs include excessive panting, glassy eyes, weakness, fast heart rate, drooling, seizures, vomiting, diarrhea, and a body temperature over 104 F. If you think your dog may have heatstroke, here's what to do to help:

- Move your dog inside or to a shady spot.

Submerge your dog in cool water (avoid cold water, which constricts blood vessels) or apply ice packs or cold towels to your dog's chest, neck, and head. Don't spray your dog with a yard hose -- on hot days the water inside a hose can reach near boiling temperatures. You want to cool him off gradually.

- Give your dog cool, not cold, water. Or give him ice cubes to lick.
- After you've started cooling your dog down, take your dog to the vet immediately. Heatstroke can cause life-threatening damage to your pet's internal organs if left untreated.

The best way to manage heatstroke is to avoid it. Never leave your pet in a parked car. It's better to leave your pet at home than to risk heatstroke. At home, be sure to provide all pets with shade and water or a way to get inside during the hottest part of the day.



Protect Your Pet

license • vaccinate • microchip

Every Saturday
8-11 am

Presented by Good Neighbor Vet in Partnership with

Multnomah County Animal Services

1700 W Historic Columbia River Hwy
Troutdale, OR 97060

License your pet with Multnomah County Animal Services for \$12- \$30*

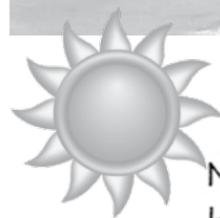
Get a **FREE** rabies vaccine and health exam for your pet!

*depending on license purchased

Additional Vaccinations available for just **\$10 each**



GoodNeighborVet.com • 888-234-1350
multcopets.org/licensing-information
503-988-7387



At the Beach



N Z F Z J K L F E U C N O E M
H S I F Y L L E J D R D N A S
S R E D A D K U Q Z P D J L K
L G Z Y P Q Q F Z M D Q K L V
Z H L R S A N D C A S T L E T
M W E O W L Q U E F A D G R B
C X V N I H P L O D W G P B B
S G O T M S F G C D H X K M A
U J H A S I R O C E A N Q U R
N K S O U F W L S W L V P M C
B Y Y B I S E A W E E D J O B
L T X F T U B U C K E T W X A
O Q C R E I P B V Z V M O Z L
C K J U S E A G U L L X R X L
K T G S E J K V S L L E H S A

- | | | | |
|---------|-----------|------------|----------|
| BALL | FISH | SANDCASTLE | SUNBLOCK |
| BOAT | JELLYFISH | SEAGULL | SURF |
| BUCKET | OCEAN | SEAWEED | SWIMSUIT |
| CRAB | PIER | SHELLS | UMBRELLA |
| DOLPHIN | SAND | SHOVEL | WHALE |

The Northwest Connection



Where Are The Next Jobs... continued from pg. 14

prepared as building sites in expectation there will be a new business locating there. There are very few large parcels available in east county for development.

What tax incentives were given to Amazon in order to seal the deal?

The TRIP property, a former super fund site because of an aluminum reduction plant, has a 5-year moratorium on property tax except for the city of Troutdale. All other tax entities will forego taxes on the improvements until that time. Troutdale will receive approximately \$500,000 a

year in property taxes. Amazon is also required to pay 125%



With the scenic vista of the Columbia Gorge with Mt. Hood in the background Amazon is under construction to provide from 1200 to 2000 job opportunities. Great deal for local commuters.

of minimum wage for their employees. They also will provide education, training, health benefits and vacation as part of their requirements for the enterprise zone. We think it is a good deal for Troutdale

residents and east county. The closer to home and work is a direct benefit to employees in time and helps reduce the cost of commuting.

Close by on Marine Drive there is land being cleared. Who is going in there?

You are referring to NW Freight, which once their building is completed at a \$3 million-dollar expansion, will have 20 to 25 employees.

Further to the east and adjacent to I-84 we have a new foundry, Firebird Bronze, under construction by artist and sculpturist, Rip Caswell. This is significant for the ever-popular Caswell art galleries which is located in

Troutdale. The foundry once completed will have 12-15



Site preparation is under way for the new location of N.W. Freight. Increased demand for trucking services is driving the market intensified by those on line shoppers much to the chagrin of the brick and mortar stores.

employees with construction cost and furnishings of approximately \$3 million. In that same area, we have Apollo Plumbing building their home office. Custom Asphalt, an environmentally friendly company, is well under way with their project at \$1,222,224.00 These will

be home offices for all four properties and provide many job opportunities. We are talking about hundreds of construction jobs to complete all of these projects.

At Edgefield McMenam's to the north of Halsey the property has been cleared. What is their plans for that property?

The McMenam's have purchased 43 acres across from Edgefield for future development. They plan on building additional guest housing and other venues which will make this location in Troutdale one of the true gems of Oregon and major tourist destinations.

The current and past councils have strived to maintain the small town feel in our city and our hope is that we can continue to preserve that for future generations.

Serving the Communities of Oregon and Washington

The Northwest Connection

A Community Newspaper For The Way We Live

Place your Classifieds with us

mail to: The Northwest Connection
PO Box 61 • Troutdale, OR 97060

20 WORDS FOR ONLY \$10
\$10 MINIMUM PER AD PER MONTH

WRITE ONLY ONE WORD IN EACH BOX.

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
\$10.50	21	\$11.00	22	\$11.50
	23	\$12.00	24	\$12.50
\$13.00	26	\$13.50	27	\$14.00
	28	\$14.50	29	\$15.00
\$15.50	31	\$16.00	32	\$16.50
	33	\$17.00	34	\$17.50
\$18.00	36	\$18.50	37	\$19.00
	38	\$19.50	39	\$20.00
	40			

Use this mail-in order! Check or money order payment must accompany mail-in form.

Name _____
Address _____
City _____
State _____ ZIP _____
Phone # _____

Mail to: The Northwest Connection
PO Box 61 • Troutdale, OR 97060

First 20 Words = \$10.00
_____ X \$.50 = \$ _____
Additional Words
Box \$10.00 = \$ _____
Cost per Issue = \$ _____
No. of Issues _____
\$ _____
Total (Cost x No of Issues)



The Northwest Connection

is now on the web.

VISIT US AT
www.nw-connection.com

State and Federal Wildlife Areas

- Be sure of your target and beyond.
- Obey all access and hunting rules.
- Remember to take your litter and empty shotgun shells home with you (some wildlife areas supply plastic garbage bags).

WILDLIFE SYMBOLS AND ABBREVIATIONS

PRONGHORN ANTELOPE	BLACK BEAR	ROCKY MT GOAT	BIGHORN SHEEP	COUGAR	BUCK DEER	ANTLERLESS DEER	GENERAL ELK	CONTROLLED ELK

Family/Education

Let Parents Wield School Spending Power



By Kathryn Hickok

Are we missing the trees for the forest in Oregon school funding and education reform debates? Media reports, school districts, and political leaders usually focus on the big picture: reaching a 100% high school graduation rate so all children have the best chance in life. That's a great goal. Frequently lost, however, is the fact that every child is an individual. The focus of real-life Oregon parents is helping their kids reach their potential in light of their specific needs and gifts. These two perspectives shouldn't be at odds. In fact, the second could drive the first if more parents were empowered to make meaningful choices for their children's education. According to the National Education Association's Rankings and Estimates report

for 2016 and 2017, counting local, state, and federal funding, current expenditures per Oregon student in Average Daily Attendance are estimated to be \$13,230, more than 33 other states. Adding in spending for capital outlays and interest payments, that number increases to \$14,911 per student.

Yet, the National Association of Education Progress reports that only 34% of Oregon fourth-graders tested "proficient" in reading in 2015; and Oregon has the third-worst high school graduation rate in the country.

No one disputes the need for improvements to public schools. But children who need help today—first to learn the basics (like reading and math) and then to graduate from high school—should get the help they need now. What we ought to do is give Oregon students the power of choice to find their own paths to success.

For lower-income parents, the stakes are high. Nearly half the children born into poverty will stay in poverty as adults. Key to changing that outcome is an education that leads to high

school graduation and future employment. Unlike parents with greater means, who can move to another neighborhood or pay out-of-pocket for private schools, lower-income parents often find their

For lower-income parents, the stakes are high. Nearly half the children born into poverty will stay in poverty as adults.

children trapped in public schools that do not meet their kids' needs. Education Savings Accounts could change that.

Six years ago, Arizona became the first state to pass an Education Savings Account (ESA) law for some K-12 students, and it recently expanded eligibility to eventually include all Arizona children. Florida, Mississippi, and Tennessee also have ESA programs limited to certain students, such as those with special needs.

An ESA is analogous to a

limited-use debit card for qualifying education expenses. It gives parents who want to opt out of a public school a portion of the per-student state funding to spend on their child's education in other ways. ESAs can fund a wide variety of education-related expenses, including tuition, tutoring, and supplemental materials. Money not used in one year can be rolled over for future education expenses, even college.

But if ESAs let parents spend education funds

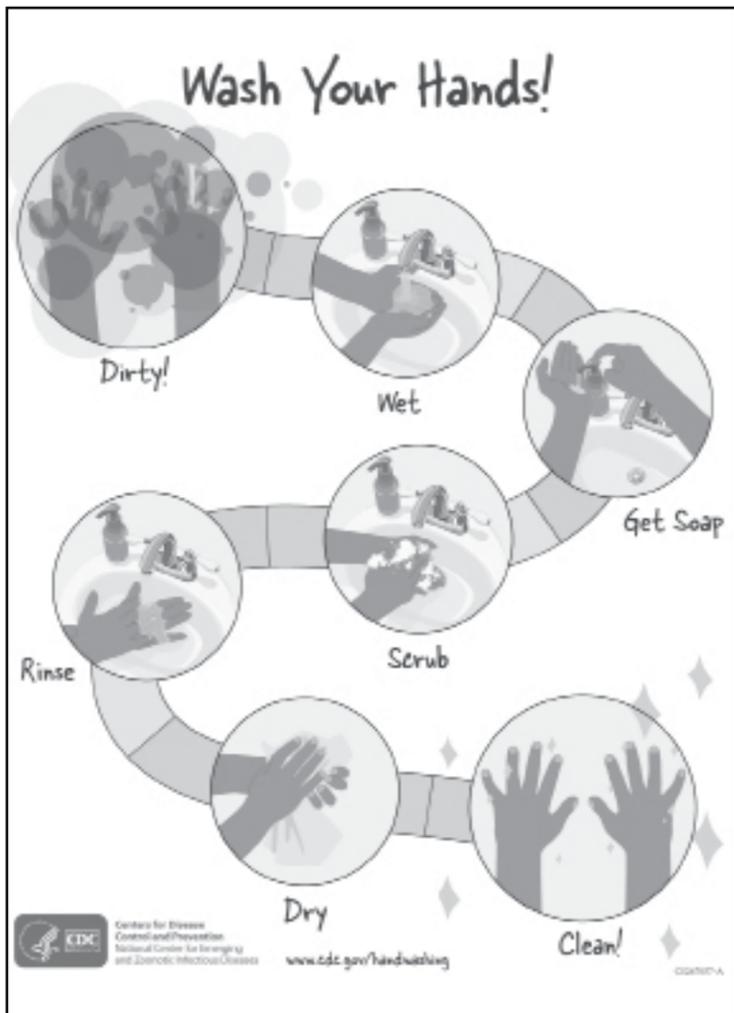
outside the public school system, would ESAs drain money from public schools? Not necessarily. Schools are funded by local, state, and federal money. ESAs would be funded by only part of the state component. The amount of the ESA deposits is negotiable and would be the biggest driver of their fiscal impact.

Legislators can design an ESA program so that it would be revenue neutral to public schools, or even create a net increase per student who remained in the system. If

students leaving public schools took less funding with them than would have been spent if they had remained, schools could reduce their class sizes without a negative impact on per-student funding.

No one can craft a school system that meets every child's needs. Statistical data analysis and bureaucratic goal-setting can't ensure that any particular child makes it to high school graduation or excels in a career. But most parents are keenly aware of their own children's needs. Giving parents power to find the right fit for their kids would make a world of difference, as any parent knows.

Focusing on the forest (the public school system), Oregon is missing the trees (kids). We should expand the role of parents in achieving better educational outcomes for their children. We've tried everything else. Parental choice is the future of education reform, and Education Savings Accounts are a fiscally responsible policy solution that can give all kids options now.



WEBCROSSWORDS.com

ACROSS

- 1) Fiction alternative
- 5) Make sore by rubbing
- 10) Melancholy
- 13) Norway's capital
- 14) Spartan slave
- 15) Gumbo pods
- 46) Carnival attraction
- 19) Home to some fish
- 20) Pizarro's foes
- 21) Wanted poster word
- 22) Suspicious way to look
- 24) Some medical tests
- 25) Rock's David Lee
- 26) Epsom and smelling
- 28) Type of hand or lung
- 30) Boredom
- 31) Used a bench
- 34) Mike Trout highlight
- 38) May honoree
- 39) Small, thin pancake (Var.)
- 40) Love to a fault
- 41) Drunkard
- 42) Belgrade resident
- 44) Orchard tree
- 46) Russell or Saldana
- 49) Like wealthy landowners
- 50) Small Old World lizard
- 52) Golf standard
- 53) Stir in the morning
- 56) Williams and Turner
- 57) Base jumper's need
- 58) In full flower
- 59) Some are faked
- 60) Relents (with "up")
- 61) Steady annoyance

DOWN

- 1) Bone cavity
- 2) Fireplace residue
- 3) Place for checkers?
- 4) "___ many cooks ..."
- 5) Bedbug
- 6) Therefore
- 7) Unwanted organism in an aquarium
- 8) Hazy mental states
- 9) Touchdown info (Abbr.)
- 10) Quantity of yarn
- 11) Wall hanging with pictorial designs
- 12) Weekly septet
- 15) Earthenware cooking pots
- 17) It may stick to the windshield
- 18) Milk-related
- 23) Top-rated
- 24) Fake coin
- 26) Shoot with great precision
- 27) Prince Charles' sister
- 28) Suffix with "ideal"
- 29) P, on a fraternity jacket
- 30) They're historically significant
- 31) Lincoln's hat type
- 32) Tread the boards
- 33) Loop-loop connector
- 35) Gives a dressing-down to
- 36) Common test answer
- 37) Jewish calendar month
- 41) Gushes
- 42) Not-too-bright crowd
- 43) Table extender
- 44) Was sore
- 45) Urges on
- 46) Kind of bud
- 47) Keepers of jewels
- 48) "Looks ___ everything"
- 49) Piedmont wine city
- 50) Turkish honorific (Var.)
- 51) African plains grazers
- 54) What makes a drink clink
- 55) Cut off, as a branch

THE SHO MUST GO ON

1	F	A	C	T		5	C	H	A	F	E		11	S	A	D			
13	O	S	L	O		14	H	E	L	O	T		15	O	K	R	A		
16	S	H	O	O	T	17	I	N	G	G	A	L	L	E	R	Y			
19	S	E	A		20	I	N	C	A	S		21	A	L	I	A	S		
22	A	S	K	A	N	C	E					24	S	C	A	N	S		
			25	R	O	T			26	S	A	L	T	S					
28	I	R	O	N				30	E	N	N	U	I		S	A	T		
34	S	H	O	E	S	T	R	I	N	G	C	A	T	C	H				
38	M	O	M			39	C	R	A	P	E			40	D	O	T	E	
						41	S	O	U	S	E			42	S	L	A	V	
			44	A	P	P	L	E				46	T	H	E	R	E	S	A
49	A	C	R	E	D			50	A	G	A	M	A		52	P	A	R	
53	S	H	O	W	S			54	S	I	G	N	S	O	F	L	I	F	E
56	T	E	D	S				57	C	H	U	T	E		58	O	P	E	N
59	I	D	S					60	E	A	S	E	S		61	P	E	S	T

Call 503-328-8416
For Advertising Rates!

Business Briefs



Financial Focus: How Can You Leave The Legacy You Desire?



Submitted by Lynne Page,
AAMS Financial Advisor

You may not see it in the greeting card section of your local drugstore, but August is “What Will Be Your Legacy Month.” So it’s a good time to think about the type of legacy you’d like to leave.

Of course, “legacy” can mean many things. In the broadest sense, your legacy is how you will be remembered by your loved ones, friends and the communities to which you belong. On a practical level, establishing your legacy means providing your family and the charitable organizations you support with the resources you’d like them to have.

And that means you may need to take the following actions: *create your plans, communicate your wishes and review and update your documents.*

Let’s take a quick look at all these steps:

- *Create your plans.* You will want to work with your legal professional, and possibly your tax and financial professionals, too, to draft the plans needed to fulfill your legacy wishes.

These plans may include drafting a will, living trust, health care directive, power of attorney and other documents. Ideally, you want these plans to do more than just convey where you want your money to go – you want to impart, to the next generation, a sense of the effort that went into building the wealth they receive. Without such an appreciation, your heirs may be less than rigorous in retaining the tangible legacies you’ve left them.

- *Communicate your wishes.* It’s important to communicate your legacy-related wishes to your family members as early as possible. By doing so, you can hopefully avoid unpleasant surprises and hurt feelings when it’s time for your estate to be settled – and you’ll also let people know what tasks, if any, they need to perform. For example, if you’re choosing a family member to be the executor of your estate, or if you’re giving someone power of attorney over your financial or health-related matters, they should be prepared.

- *Update your documents.* During your life, you may well experience any number of changes – new marriage, new children, opening a family business, and so on. You need to make sure your legal documents and financial accounts reflect these changes. For example, if you’ve remarried, you may want to change the beneficiary designations on your IRA,

401(k) and other retirement accounts – if left untouched, these designations may even supersede the instructions left in your will. And the directions in life chosen by your grown children may also dictate changes in your will or living trust. In any case, it’s a good idea to review all your legacy-related documents periodically, and update them as needed.

In addition to taking the above steps, you also need to protect the financial resources that go into your legacy. So, when you retire and begin taking funds from your IRA, 401(k) and other retirement accounts, make sure your withdrawal rate is sufficient for your living expenses, but not so high that it eventually jeopardizes the amounts you planned to leave to your family or to your preferred charities. A financial professional can help you determine the withdrawal rate appropriate for your situation.

With careful planning, and by making the right moves, you can create the type of legacy you desire – one that can benefit your loved ones far into the future.



Molecular Genetics... continued from pg. 4

body hair. Men had higher gene expression related to muscle building, while women had higher gene expression for storage of fat.

They discovered genes in the heart relating to calcium uptake that protect a woman’s heart from heart disease up to the age of menopause, and another gene in the female brain that may protect against Parkinson’s, which has a higher prevalence among men.

They also found gene expression in the liver of women that provides genetic evidence of the pronounced difference in the way female bodies process drugs compared to males.

Says Dr. Gershoni, “Thus, when it comes to the differences between the sexes, we see that evolution (note: or creation) often works on the level of gene expression.”

These scientists argue that all this provides evidence that “males and females undergo a sort of *separate, but interconnected, evolution*” (emphasis mine). We would say it serves rather as evidence not of evolution but of God’s creative handiwork. God created woman using the template he used for man, but with striking and

profound differences.

Men and women are indeed “separate” (“male and female”) and yet at the same time “interconnected,” as God formed the first woman out of the body of the first man (Genesis 2:22). The Bible again, as always, is confirmed by the best in science. As I frequently tell my radio audience, “Ladies and gentlemen, do not doubt this book.”

This view of gender as a binary matter was also the view of Jesus. He himself said, “Have you not read that he who created them from the beginning made them *male and female*?” (Matthew 19:4)

So on the one side we have Facebook and its flat-earth view of biology and gender, and on the other, we have God, Jesus, the Bible, the Weizman Institute for Science, and the human genome. I think I’m going with God and science on this one.

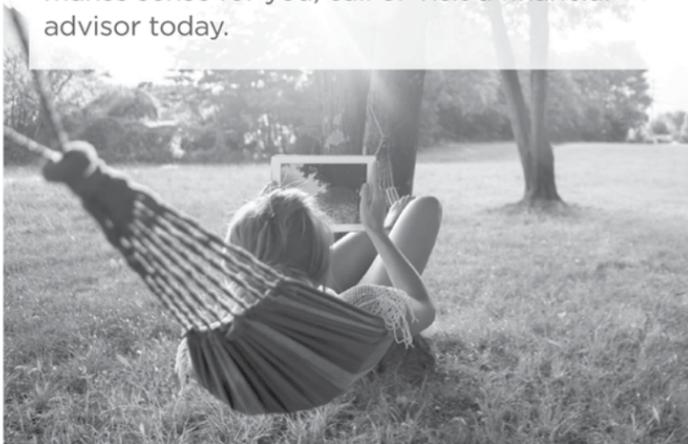
Follow me on Twitter: @BryanJFischer, on Facebook at “Focal Point”

Host of “Focal Point” on American Family Radio, 1-3pm CT, M-F www.afr.net



Dreaming Up the Ideal Retirement Is Your Job. Helping You Get There Is Ours.

To learn more about why Edward Jones makes sense for you, call or visit a financial advisor today.



Lynne T Page, CFP®,
AAMS®
Financial Advisor

21935 N E Halsey Suite 900
Fairview, OR 97024
503-492-6672

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

#BeThere

Connect

with support.

No matter what you're going through, resources are available.

VeteransCrisisLine.net

Seasoned Citizens



Music To Your Ears...
continued from pg. 3

musical to support well-being. Here is an overview of its origins: Music therapy was noted as health-supporting in the writings of Aristotle and Plato, but received more attention after the first and second World Wars when musicians played for thousands of hospitalized war veterans. The positive physical and emotional responses from the veterans prompted the further investigation of the therapeutic value of the music. As a result, the therapy from "hospital musicians" began to grow—as did the demand for a college curriculum in music therapy. In 1944, Michigan

State University founded and offered the first music therapy degree program. Since then, the American Music Therapy Association was founded in 1998 as a union of the National Association for Music Therapy and the American Association for Music Therapy. Now that's way more than just music to your ears.

"If you find yourself
In a hole
The first thing to do
Is STOP digging."
— Will Rogers

Victoria L. Larson, ND
Family Practice Physician

Schoolhouse Natural Health
10,000 SE 222nd Ave
Damascus, OR 97089-6517
503-515-9091

The Evergreen Center
516 High Street
Oregon City, OR 97045
(503) 722-4270

What did the buffalo say to his son when he dropped him off at school?

.....Bison.



September Classified
Special One Photo,
plus 25 words.
Only \$35.00



Different Drug Problem...

EDITOR'S NOTE:

The following letter has appeared on the internet and was viewed by many readers. Many felt it would be appropriate for the readers of The Northwest Connection.

The other day, someone at a store in our town read that a Methamphetamine lab had been found in an old farmhouse in the adjoining county and he asked me a rhetorical question, "Why didn't we have a drug problem when you and I were growing up?" I replied, I had a drug problem when I was young: I was drug to church on Sunday morning. I was drug to church for weddings and funerals. I was drug to family reunions and community socials no matter the weather.

I was drug by my ears when I was disrespectful to adults. I was also drug to the woodshed when I disobeyed my parents, told a lie, brought home a bad report card, did not speak with respect, spoke ill of the teacher of the preacher, or if I didn't put forth my best effort in everything that was asked of me.

I was drug to the kitchen sink to have my mouth washed out with soap if I uttered a profanity. I was drug out to pull weeds in mom's garden and flowerbeds and cockleburs out of dad's fields. I was drug to the

homes of family, friends and neighbors to help out some poor soul who had no one to mow the yard, repair the clothesline, or chop some firewood, and, if my mother had ever known that I took a single dime as a tip for this kindness, she would have drug me back to the woodshed.

Those drugs are still in my veins and they affect my behavior in everything I do, say, or think. They are stronger than cocaine, crack, or heroin; and, if today's children had this kind of drug problem, American would be a better place.

God bless the parents who drugged us.
Submitted by a Concerned Citizen



Is it a stroke? Check these signs FAST!

Does the face look uneven?
Ask them to smile.

Face

Does one arm drift down?
Ask them to raise both arms.

Arm

Does their speech sound strange?
Ask them to repeat a phrase.

Speech

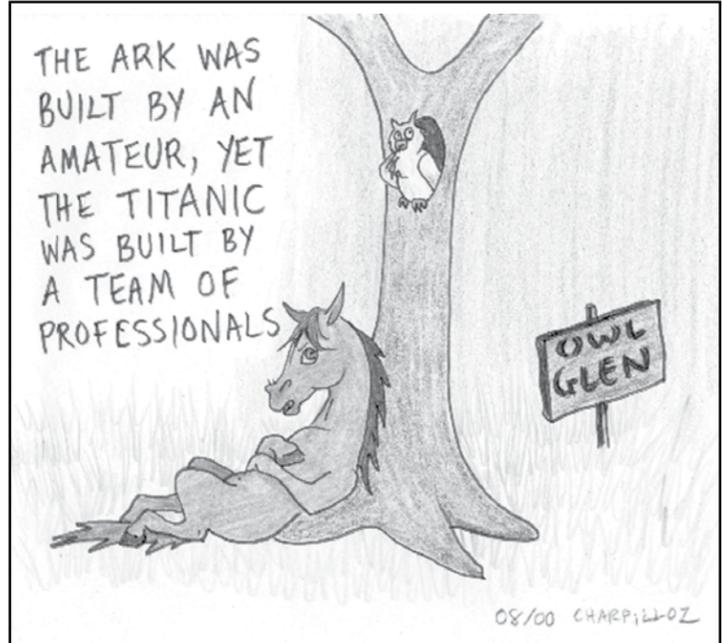
Every second, brain cells die. Call 9-1-1 at any sign of stroke!

Time

Act FAST. Call 9-1-1 at any sign of stroke!

"A SOCIETY GROWS GREAT WHEN OLD MEN PLANT TREES WHOSE SHADE THEY KNOW THEY SHALL NEVER SIT IN."

—GREEK PROVERB



"We feel stronger when we walk frequently. And we have a more positive outlook."

Many falls can be prevented. By making some changes, you can lower your chances of falling.

Four things YOU can do to prevent falls:

- 1 Exercise to improve your balance and strength
- 2 Have your health care provider review your medicines
- 3 Have your vision checked
- 4 Make your home safer

What YOU Can Do



To Prevent Falls

FAITH ENCOURAGEMENTS

If my people who are called by my name will humble themselves, and pray and seek my face, and turn from

Interstate Highways And Mentoring



By Pastor Bill Ehmann, Wood Village Baptist Church

One has to have lived quite a few decades to remember traveling across the USA without interstate highways. With today's multi-lane highways, younger people do not know what it was like on the two-way roads that wound their way up and down steep inclines as they connected every town along the way.

I am quick to admit to having no desire to return to those days. But it is true that they had some assets that are lost with the interstates. Travel was slower, which usually meant we saw more scenery, stopped more often and connected with more people in their communities.

Tourists made mom-and-pop stores a thriving business. Every small town had one or several motels operated

by local families. If you were in the habit of Sunday church, you probably visited one. That is how some of us were able to keep our perfect attendance record. Overall, the pace of life was slower and people took more time to enjoy the journey.

The interstates have changed much of this. We miss most of the towns, stay in large motel chain complexes and enjoy covering more miles in a shorter time. Hills have been cut down to fill valleys, so steep inclines are not an issue. Extra lanes allow us to pass slower vehicles safely.

The interstate highways cost a lot of money and took years to complete. Younger travelers today enjoy the benefit of all of this but have no way to genuinely appreciate it. They cannot understand the benefit of the present because they are not aware of how it used to be.

This reminds me of the mentoring process, as more experienced people help others develop skills. Mentors have done the hard work of cutting down hills and filling valleys so that their followers can go farther and faster in their life journey. The information

highway in our country today far exceeds what was known half a century ago. But something has been lost in its development. Steep hills build character and endurance. Slow travel through small towns has a way of connecting us with reality. Our culture is focused on entertainment rather than on simple enjoyment. Convenience has a way of replacing commitment. The benefit of mentors is hardly noticed as we rush forward to the next opportunity or adventure.

On a recent trip via the interstate, I reflected on the mentors who cut a path for me to follow. I was filled with gratefulness as I admitted that I did not even realize their input in my life at the time. I want to remember their example and try to be useful to someone who follows.

-Pastor Bill Ehmann

pastor@woodvillagebaptist.org



Wood Village
BAPTIST CHURCH

Sunday Service
9:30am & 11am

Pastor: Bill Ehmann

Youth Ministries
Awana Club
Growth Groups for adults

23601 NE Arata
Wood Village, OR

503-661-7686

www.woodvillagebaptist.org
office@woodvillagebaptist.org



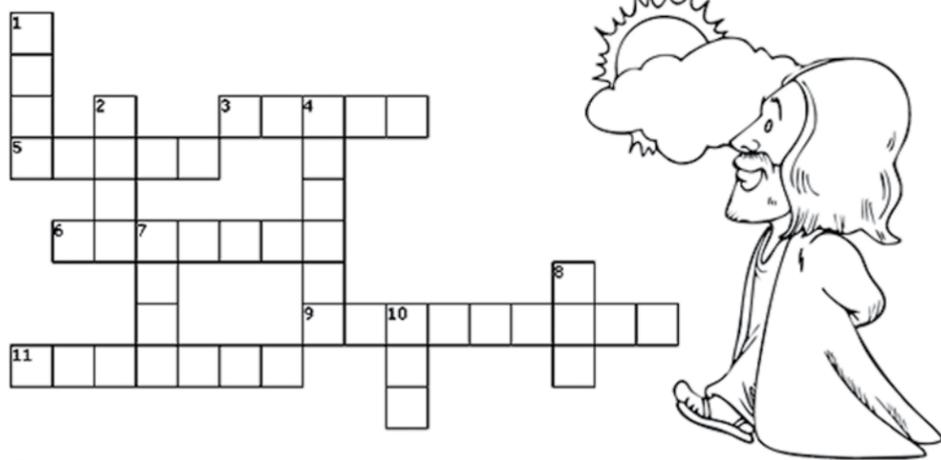
Jesus said to him, I am the way, the

truth, and the life. No one comes to the Father except through Me.

-John 14:6

Summary: Salvation is found in Jesus Christ alone.

Got Jesus?



ACROSS

3. The organ in the body that pumps the blood
5. To make letters and words with a pen or pencil
6. To accept as true, genuine, or real
9. Evidence given by witness in court
11. Something that continues forever

DOWN

1. To understand something
2. The period from birth to death
4. To receive something willingly, such as a gift
7. Someone who doesn't tell the truth
8. The creator and ruler of the universe
10. A male child

Check your answers

accept	believe	eternal	write
testimony	heart	life	know
God	liar	son	

The Beatitudes

Blessed are the poor in spirit,
For theirs is the kingdom of heaven.
Blessed are those who mourn.
For they shall be comforted.
Blessed are the meek,
For they shall inherit the earth.
Blessed are those who hunger and thirst for righteousness,
For they shall be filled.
Blessed are the merciful,
For they shall obtain mercy.
Blessed are the pure in heart,
For they shall see God.
Blessed are the peacemakers,
For they shall be called sons of God.
Blessed are those who are persecuted for righteousness sake,
For theirs is the kingdom of heaven.
Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake.
Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.
Matthew 5: 3-12

FAITH ENCOURAGEMENTS

their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land. 2 Chronicles 7:14

Angels On Assignment



By Tj Saling Caldwell

Running through my neighborhood recently, I started praying for the people around me. The Lord is definitely growing in me a love for my neighbors, and praying for them is becoming more routine. This particular day, I started praying big, crazy prayers; “Lord heal marriages; restore broken relationships; deliver people from sickness, disease, addictions; bring Your salvation to families”. I felt empowered as I prayed verses that came to mind for each situation. Then I asked God to release an army of His angels to surround my neighborhood and battle against every evil and dark force affecting us.



mind. It was a very sobering, convicting question I was certain came from the Holy Spirit; “Will there be enough prayers to keep My army busy?” The Lord was asking, “Will you and others storm the heavens with continued prayers to finish the work around you? My angels are on assignment according to the prayers you pray. When you pray in My will, My Kingdom breaks forth but will you persevere and pray through?”

Wow, I wasn't expecting that question. I thought of Matthew 7:7 “Ask and it will be given to you; seek and you will find; knock and it will be opened to you.” Was I ready to keep asking, seeking, and knocking on heaven's door until breakthrough came.

I also thought of Daniel; he prayed and fasted for three weeks because his heart was heavy for his people. The angel Gabriel

appeared to Daniel and said his prayers were heard from day one but help was delayed because of a spiritual battle in the heavenlies (Daniel 10). What if Daniel gave up on his prayers? We can't pray big, bold prayers and not expect a fight.

I don't think the Holy Spirit was trying to discourage me this day but rather encourage

continues to pg...22

Our praying, however, needs to be pressed and pursued with an energy that never tires, a persistency which will not be denied, and a courage which never fails.

— E.M. Bounds

You Become What You Eat



By Jon Bloom

Hope is to our soul what energy is to our body. Just like our bodies must have energy to keep going, our souls must have hope to keep going.

When our body needs energy, we eat food. But when our soul needs hope, what do we feed it? *Promises.*

Why do we feed our soul promises? Because promises have to do with our future, and hope is something we only feel about the future — about ten minutes from now, or ten months, or ten thousand years.

We're never hopeful about the past. We can be grateful for the past. The past can inspire or even guarantee a

hopeful future for us. But all the wonderful things that have happened to us in the past will not fuel our hope if our future looks bleak.

However, if our future is promising, our soul will be hopeful even if our present is miserable, because hope is what keeps the soul going.

So, we “eat” promises, which our soul digests (believes) and converts to hope.

Toxic Soul Food

When feeding the body, there is “healthy food” and there is “junk food.” Both will, in the short run, produce energy. But healthy food provides the right



"Taste and see." Psalm 34:8

kinds of energy, enhances the operation of the body's complex systems, strengthens its resilience against disease, and increases its durability and longevity.

Junk food, on the other hand, has essentially the opposite effect in all these areas, and contributes to the breaking down of the body over time.

Similarly, there are “healthy promises” and “junk

continues to pg...22



Open Door Baptist Church



27710 SE Strebin Rd.
Troutdale, OR 97060
503-661-0606

Pastor Jason Stamper

Sunday Services:

9:30 am - Bible Hour
for adults and children

10:45 am - Morning worship
Children's Church

6:00 pm - Evening Service

Wednesday:

6:45 pm AWANA
7:30 pm Bible Study

Nursery available for all services

Why Pro-Life?
caring for the unborn and their mothers

Revised and Updated

RANDY ALCORN

Family/Faith Cont.



Jon Bloom...
continued from pg. 21

promises.” Both will, in the short run, produce hope. But healthy promises provide the right kind of hope and promote health throughout the complexities of the human soul. Junk promises prove ultimately toxic and lead to soul-death.

Both physical and spiritual nutrition are important, because we always become what we eat. We must take greater care, though, in what we feed our souls, because so much more is at stake.

The world and the devil are very aware that we feed our souls promises, which is why, like junk food, junk promises are *everywhere*. They are heavily marketed (notice every temptation to

sin is a *promise* of some kind of happiness), attractively packaged, tasty (though not truly rich), convenient, and have a particular allure when you’re running low on hope. They deliver a fast buzz of false hope and ruin your appetite for truly healthy promises.

But junk promises always disappoint because their buzz is followed by a hope-plunge into guilt, shame, and emptiness. They never deliver the happiness they promise because our souls are designed for a far better hope. And yet, junk promises can be addicting, because our hope-plunge can send us back seeking another fast, false buzz.

Living Food

“Man does not live by bread alone, but . . . by every word that comes from the mouth

of the Lord” (Deuteronomy 8:3; Matthew 4:4). Our souls are designed to be nourished by God’s “precious and very great promises” (2 Peter 1:4).

But these promises are not mere human words; they are living and active (Hebrews 4:12), proceeding directly from the living Word, Jesus Christ (John 1:1). He is the Word of God (Revelation 19:13) and “all the promises of God find their Yes in him” (2 Corinthians 1:20).

What could possibly give more hope to our sinful souls than Jesus’s promises to forgive all of our sins completely, to remove all of the Father’s judgment and wrath against us, to always be with us (Matthew 28:20), and to give us eternal life in God’s presence with full joy and pleasures forever (Psalm 16:11)? Only in him do we find “a future and a hope” (Jeremiah 29:11).

This is why Jesus called himself the bread of life (John 6:35). The past grace of his death and resurrection guarantee a never-ending stream of hope-giving future grace for us extending into eternity. To eat these promises is to

eat this living bread and live forever (John 6:51).

And Jesus has made the Bible the storehouse of nourishing, living soul food for his saints. It is stocked full of promises, and he invites us to come eat our fill for free (Isaiah 55:1)!

You Can Change

This living soul food is more vital to our ultimate health than bodily food. But learning to eat well for the sake of our body’s well-being has valuable lessons for eating well for our soul’s well-being. And one of those valuable lessons is that our taste preferences can be changed.

Our tastes are conditioned by habits and wrong ways of thinking about food. Like eating healthy food, eating healthy promises requires more work to plan — new habits of discipline that aren’t as convenient and entertaining as junk promises. And if we’ve become conditioned to heavily processed, sugary, empty-carb promises, artificially engineered to be addictive, we may find the taste and texture of true food less enjoyable at first.

But these habit and taste

preferences will change as we stick with it and increasingly experience the benefits of substantial, hope-sustaining and deepening benefits.

The only way to break a habit of eating junk food promises is cultivating a taste for rich, nourishing, long-lasting, deeply satisfying, and true promises. It takes eating real food to develop the taste for real food. We must be patient. Old tastes do not diminish and new tastes are not acquired overnight. We might find it helpful to change some bodily food habits at the same time, and let that experience illustrate the spiritual reality. But as we press in, God will meet us and help us “taste and see” that he is good (Psalm 34:8).

“The God of hope” wants us to feast on his promises and be filled “with all joy and peace in believing, so that by the power of the Holy Spirit [we] may abound in hope” (Romans 15:13).

This article originally appeared on Desiring God, and is used by permission of the author.

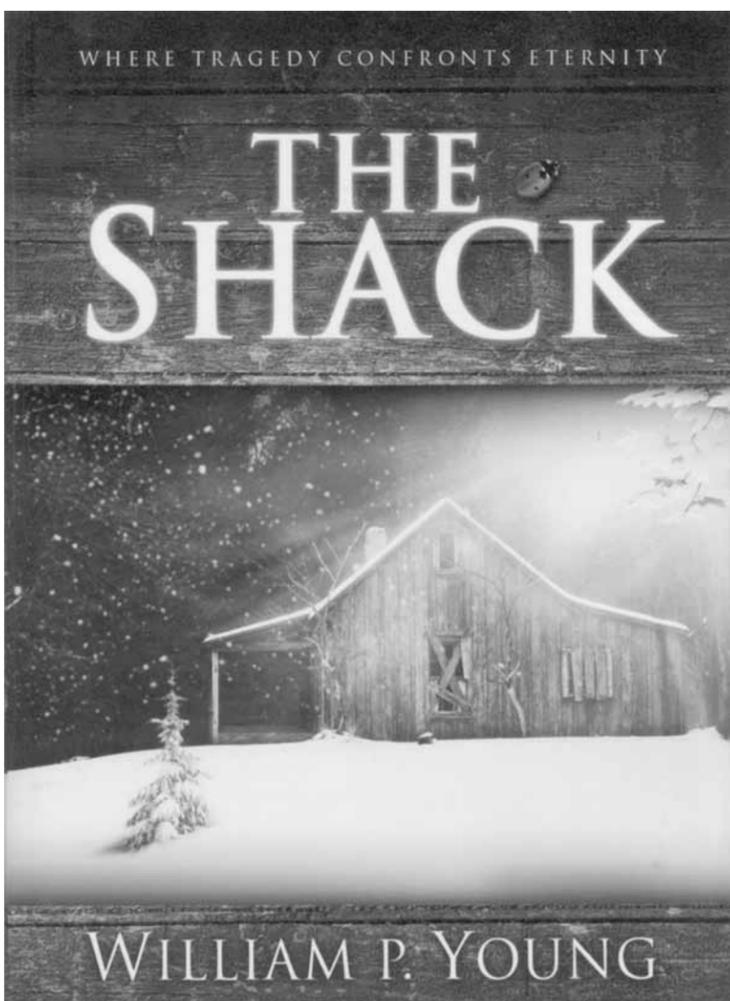


Angels On Assignment..
continued from pg. 21

me to stand and fight through intercessory prayer. The Lord knows we’re in a battle and He is preparing us to endure (Ephesians 6:12-13). He loves big, audacious requests, but we must be able to back them up with time spent seeking God in prayer. Sometimes intercessory prayer seems anything but exciting and effective especially when we don’t view it as the “real work” to be done, but nothing could be further from the truth. “Prayer is the very sword of the saints,” said Francis Thompson and Lee Robinson called prayer “the Christian’s secret

weapon, forged in the realms of glory”. When we pray for others, we’re actually getting to partner with God to advance His Kingdom. He hears our stumbling petitions for our family, friends, neighbors and those we’ve maybe never met, and not only does it bless the people around us, but it brings glory to Him! He wants nothing more than for us to take Him at His word and work with Him to bless, heal and bring salvation to this world through our prayers.

So my response to the Holy Spirit’s question is: Lord please teach us to pray; help us persevere in intercessory prayer so we can keep Your angels busy!



ANTIBIOTIC RESISTANCE

from the farm to the table

RESISTANCE

Animals can carry harmful **bacteria** in their intestines

Antibiotics kill most bacteria

But resistant bacteria can survive and multiply

SPREAD

Resistant bacteria can spread to...

animal products

produce through contaminated water or soil

prepared food through contaminated surfaces

the environment when animals poop

EXPOSURE

People can get sick with resistant infections from...

contaminated food

contaminated environment

Learn 4 steps to prevent food poisoning at www.foodsafety.gov

IMPACT

Some resistant infections cause...

mild illness

severe illness and may lead to death

About 1 in 5 resistant infections are caused by germs from food and animals.

Source: *Antibiotic Resistant Threats in the United States, 2013*

Learn more about antibiotic resistance and food safety at www.cdc.gov/foodsafety/antibiotic-resistance.html
 Learn more about protecting you and your family from resistant infections at www.cdc.gov/drugresistance/protecting_yourself_family.html

The North West Connection...



The Boring, Oregon Foundation Presents:

Boring & Dull Day Community Social In The Park

Celebrating Boring's own State Holiday, Boring & Dull Day which honors our special relationship with Dull, Scotland. A pair for the Ages!

Wednesday - August 9th

Location: Boring Station Trailhead Park

Time: 5 pm to 9 pm

One Thousand Scoops of Ice Cream -

Bagpipers - Rock & Roll - Community

The Boring Community Social In The Park is the traditional activity for Boring & Dull Day.

A day set aside by the state legislature: Every August 9th is to be Boring & Dull Day in perpetuity.

Free Ice Cream will be served by volunteers from:

Damascus Kiwanis, Hollyview Family Church, Sandy Veterans of Foreign

Wars and Country Cutups Square Dance Club.

Food For Purchase will be prepared by members of the Boring-Damascus Grange.

An Ensemble of Bagpipers and Drums;

The Boring & Dull Ensemble:

Starting about 5 o'clock: Olivia Thoroughman, Rob McKendrick and Rob Barrick will play traditional Scottish Highland music to honor our friends in Dull, Scotland.

Opening ceremonies start at 5:45 pm.

A time to honor members of our community, our flag and our veterans.



When Your Child is at School

Most schools have an emergency plan that includes evacuation destinations. Call your child's school now to find the location and write it down here:

Also, find out what you or a designated person will need to provide in order to pick up your child.

In the event of an evacuation, you will be notified by school officials where and when your child can be picked up, so make certain the school has a way of reaching you. Radio or television stations may also carry instructions. Finally, make sure your child has identification and phone numbers to reach family or friends.



Summer Pick Me Up!

Berry Smoothie

Ingredients:

- 10 oz. of yogurt, kefir, coconut milk, or cream
- 1 Tablespoon of extra-virgin coconut oil
- 1 Tablespoon of flaxseed oil or hemp seed oil
- 1-2 Tablespoon of raw honey
- 1/2 - 1 cup of fresh or frozen berries (blueberries, strawberries, raspberries, blackberries)
- vanilla extract (optional)



AAR Guns

We Sell, Buy, Trade and Consign Guns



We specialize in unique and rare guns and carry many sought after guns like Glock, Colt, Sar, Ruger, Etc.

425 SW 2 nd Avenue Estacada, OR 97023	503-630-GUNS (4867) www.aarguns.com	Monday-Saturday 9:30am-6:00pm
---	--	----------------------------------

OREGON DEPARTMENT OF HUMAN SERVICES - PUBLIC HEALTH DIVISION

Dog safety alert

Algae are common in fresh waters. One type, blue-green algae, sometimes grows into a large bloom that may contain dangerous toxins.

Dogs have become very sick and even died after swimming in and swallowing water affected by toxic algae.

If you find thick, brightly colored foam or scum at a lake, pond or river, don't let your pet drink or swim in the water!

If your dog goes into the water:

- Don't let your pet lick its fur.
- Wash your pet with clean water as soon as possible.

If your dog has symptoms such as drooling, weakness, vomiting, staggering and convulsions after being in bloom-affected water, call your veterinarian immediately.

For more information visit healthoregon.org/hab or call toll free 1-877-290-6767 or e-mail us at Hab.health@state.or.us.

This document can be provided in accessible format upon request. Oregon permits may include but are not limited to: Motor vehicle, Health, audio recordings, Web-based information and other electronic formats. E-mail: Hab.health@state.or.us, Toll: 1-877-290-6767 or Oregon Fax: 503-328-8416. Last updated: 08/01/17.

DHHS | Department of Human Services

*Have A Great Summer...
From The Northwest
Connection!*

**Call 503-328-8416
For Advertising Rates!**

The Northwest Connection reaches your community...

Circulation in:

East Metro, Portland, Fairview, Wood Village, Troutdale, Cascade Locks, Skamania County, Hood River, Mt. Hood Communities, Government Camp, Welches, Sandy, Boring, Estacada, Damascus, and the Gresham Communities



CANNED GOURMET PACIFIC CHINOOK SALMON AND ALBACORE TUNA ALSO AVAILABLE



Sea Star Enterprise

F/V OCEAN LADY 'M'

THE FINEST WILD HOOK & LINE CAUGHT FISH
Salmon • Tuna • Halibut & Various Species of Other Fish

Murielle 541-961-1246

P.O. Box 1909 Newport, OR
seastarentz@gmail.com

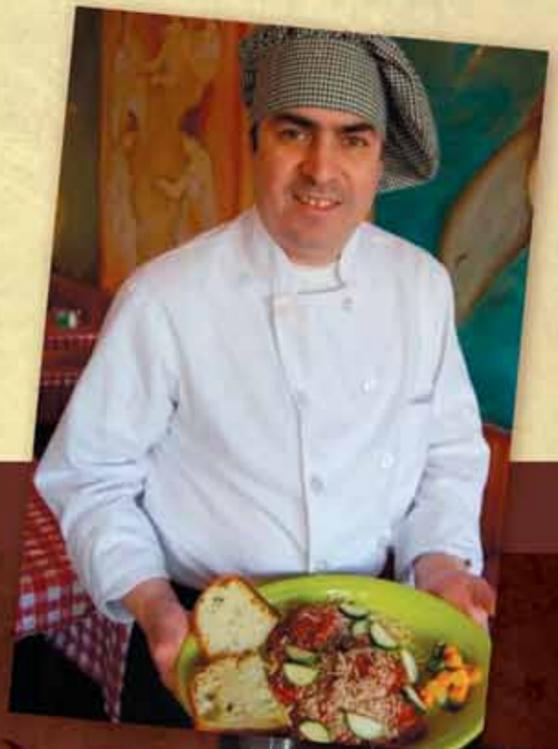
Cash ~ Checks ~ Visa ~ Mastercard ~ Discover

AVAILABLE AT PORT DOCK 5

Call now to reserve your fish...

Weather permitting ~ June thru Mid - Oct.

Italian Cuisine | Seafood | Sandwiches | Fine Wines | Salads | Appetizers



Catering for all life's special events

Chicken & Meat

Chicken Basil Tortellini
Chicken Alfredo
Chicken alla
Sundried Tomatoes
Tuscan Garlic Chicken
Gnocchi alla Bistecca
Chicken Parmesan
Chicken alle Gorgonzola

Classic Recipes

Lasagna
Ravioli Marinara
Spaghetti and Meatballs
Bolognesa Pasta
Marinara Pasta
Fettuccini Alfredo
Macaroni & Cheese
Pesto di Basilica
Jambalaya

Pasta Buffet \$11.00 per person

Our pasta buffet includes:

Bread & Bruschetta
Salad (Greek, Caesar & Spinach)

Pasta

One pasta choice from the list per 20 guests
(maximum of 5 different selections)

Appetizers & other menu options available.
Please ask for a quote.

Vegetarian Pasta

Mediterranean Penne
Spaghetti alla Pomodoro
Ravioli al Forno
Ravioli in Spinach Sauce

Fish & Seafood

Sofia Scampi
Spaghetti Frutti di Mare
Tuscan Salmon
Spaghetti alle Puttanesca
Seafood Portofino
Gnocchi & Scampi
Atlantic Salmon
Tiger Prawns alle Lobster

(503) 667-2480

www.dipomello.com

177 E. Historic Columbia River Hwy
Troutdale, OR 97060

