

The Northwest Connection

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COMPLIMENTARY ISSUE

MARCH 2017



The 7 Secrets To Perfect Homemade Salsa

By Delia Lopez

As soon as we get past January 1st, I start to feel impatient. It's the time of year I start planning what to grow in my quest for the most perfect Homemade Salsa. Every year, I try several new varieties to find the most flavorful tomatoes, the freshest tasting herbs, and the sweetest corn. Most unusual varieties have to be grown from seed. If you want to join me on my quest, I'll give you a few of my greatest Secrets to growing great Salsa Ingredients from seed.



Use Good Seed Growing Trays. I prefer the little trays you can purchase at Bi-Mart that have the clear covers to help hold in moisture. I have used the jiffy pellets with good results. You get them wet and they swell up into a little round dirt pots, ready to grow. One of the things I love about them is that you plant the entire thing with absolutely no mess. If money is an issue, you can also use paper egg cartons in plastic vegetable bags. I start most everything inside in those little pots, it really helps improve germination and stop birds and things from digging up and eating the seeds.

Certain Trays to Avoid. Now, I've tried most of the small green house sets. These are the ones that have the peat pots

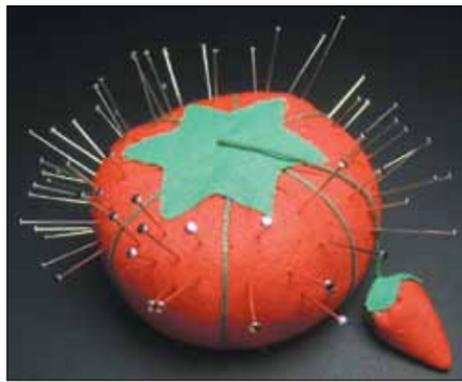
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Why Tomato Pin-Cushions?



By Helen Maguire, The Northwest Connection

My mom, who made all my dresses when I was a girl, always kept her pins and needles stuck in a pin-cushion that was shaped like a



tomato with a strawberry attached to it. I never gave it a second thought. Didn't everybody keep their pins and needles the same way?

Pincushions come in all shapes and sizes, but the tomato is the design that prevails as the classic. But why a tomato of all things? There's actually a reason for the tomato design.

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A Car Club With A Heart



By Jim Kight, The Northwest Connection

Since I was a little boy I have had a love for cars. I can still remember looking out the back window of my father's 1950 Chevrolet Fleetline and naming off the brands of cars as they passed by. Americans



have had a love affair with cars for decades and the brand loyalty towards car manufacturers is part of our heritage. One of those car brands is MoPar where this name was first used in 1923. An exhibition of those brands of Plymouths, Dodge, DeSoto, and Chryslers were showcased recently at

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Spring is in the air!

Bakers Accused Of Hate Get Emotional Day In Court

By Kelsey Harkness, The Daily Signal

The ongoing battle between gay rights and religious liberty escalated Thursday as husband-and-wife bakers in Oregon appealed their case after being ordered to pay \$135,000 in damages for declining to make a cake for a same-sex wedding.

where the Constitution and due process can be argued on a level we haven't seen before. I'm looking forward to seeing the outcome."

In court, an attorney for the Kleins again argued that designing and baking a

"Everything up to this point has been administrative hearings," Aaron Klein, co-owner with his wife Melissa of the since-closed bakery, told The Daily Signal afterward.

"Every time we tried to make a constitutional argument it was stomped on, because it was administrative law," he said. "But now we're finally in a courtroom



cake to celebrate a same-sex marriage would violate the bakers' Christian faith.

Both the Kleins and the same-sex couple who filed the original complaint against them were present

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It Can Happen Here

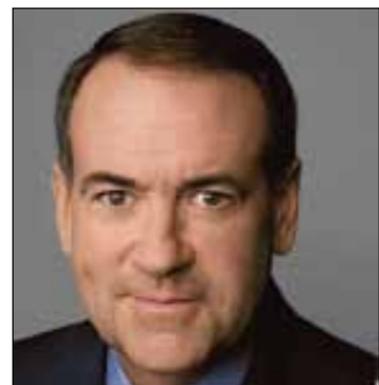


By Mark Ellis, The Northwest Connection

Governor Mike Huckabee Keynotes Oregon Freedom Rally

Aside from two national midterm elections, Oregon conservatives haven't had much to celebrate in the last eight years. They haven't fielded a winning statewide candidate in fourteen years.

This year, at the Oregon Liberty Alliance's fourth annual Freedom Rally, there was a new Republican president, a GOP majority in both houses, and new constitutional Supreme Court nominee Neil Gorsuch's likely confirmation to celebrate. The 1,800 in attendance February 25th at the Oregon Convention Center did just that.



Governor Mike Huckabee

Not to mention Oregon's new Secretary of State, Dennis Richardson, one of the featured speakers, and the first Republican elected to statewide office since 2002.

But the man of the hour was Governor Mike Huckabee,

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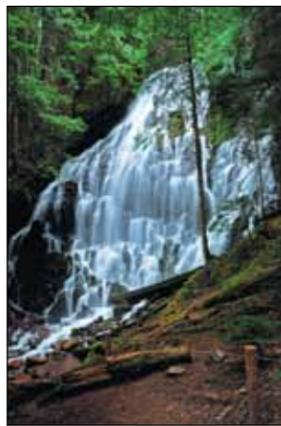


from the Publisher

JoLinn Kampstra

The Northwest Connection and Staff would like to thank all of our readers, columnists, and advertisers for their continued support.

Photo courtesy of Gary Randall



God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

—Reinhold Niebuhr

Good management is the art of making problems so interesting and their solutions so constructive that everyone wants to get to work and deal with them.

—Paul Hawken

A Car Club With A Heart... continued from pg. 1

Shirley's Tippy Canoe parking lot. There was every color imaginable both newer and older models, including a vintage 1944 Plymouth 4-door sedan that was on display. Muscle cars of the current era were in abundance. The latter looked speedy just sitting in the parking lot.

I met the president of the two year old MoPar Club

Chris Raymond. His wife Susan acts as the secretary. They currently have over 100 plus members.

What about the heart part of the club? The club at their annual fund-raiser gave over \$3,000 to a young boy fighting leukemia and the latest report is that he is improving. They do a fund-raiser every year and this year they have designated the money raised to go to



the Shriners' Hospital for Children. The club is a 501(c)3 and 100% of the proceeds will go to the hospital.

Club meetings are held on the second Sunday of the month at 11am at the Golden Valley Brewery, 1520 NW Bethany Blvd, Beaverton.

Membership for a couple is \$35.00 or \$25.00 for an individual. They

have a car show that will take place Saturday, July 29th, from 10-3pm where you will find over 50 vehicles representing their club. The location will be at the Golden Valley Brewery.



They have two basic rules. One: you have to own a MoPar vehicle. Number two: respect other members.

From what I witnessed at Shirley's Tippy Canoe restaurant they have a lot of fun and good fellowship; and they also talk about things other than cars, but let's be honest, they mainly talk about their prized possessions.

If you are interested in attending a cruise-in go to pdxcarculture.com to see a more complete listing. They can also be contacted at pdxmoparmuscle.com for a Facebook page or pdxmoparmuscle@gmail.com

Why Tomato Pin Cushions... continued from pg. 1

The earliest documented mention of a generic pincushion dates back to the Middle Ages. In those days, they were more



whimsically called "pimpilowes," "pyn pillows," and "pin-poppets." The pincushion was invented as a practical aid for storing pins and needles, but it also showcased one's collection of pins and needles. (Needles were costly, after all.)

Victorian Era folklore suggests that when a family moved into a new home, a fresh tomato was placed on the mantle warding off evil spirits and bringing prosperity to the new homeowners. Since tomatoes were only available in certain seasons and didn't stay fresh

forever, the good-luck symbol was frequently fashioned from fabric instead--stuffed with sand or sawdust and made to look like the real thing with embellishments such as leaves and veins, often with a strawberry attached which was filled with emery

powder, an abrasive to clean and sharpen the pins.

Wikipedia; Homecooking.about.com; threadsmagazine.com



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The Northwest Connection

The Art Of Thank You



By Paula Olson, The Northwest Connection

It's already March. How are you doing on your New Year's resolutions? A friend of mine has latched onto Chinese New Year because she says it's sort of like a "re-do" opportunity if you don't stick to your calendar year resolutions. Chinese New Year usually falls at the end of January or early February and this, the year of the dragon, was no exception. So, about three weeks after 2017 started, some of us said, "Well, let's be serious about it now." Have I gotten down to the business of carrying out my resolutions?

Not so much. I remember giving up a few years ago after trying to explain resolutions to my son. He resolved to go swimming with his parents during open swim (read: play time for kids and families) twice a week at the Y. That was

actually more of a wish to lock the parents into a commitment they can't keep due to scheduling, sports games, and other various obstacles. But it sounded good to him.

So that leads me to the meat of this piece. I was inspired by several instances when the topic of thank-you notes arose. One instance was last year when my son attended several birthday parties of his fellow first graders. A few days after a

everyone writes thank-you notes anymore. But I am glad that we do because who doesn't enjoy getting a piece of mail that isn't a bill and who doesn't like to hear "thank you" when they have put time, money, and/or effort into doing something for somebody?

How does this relate to New Year resolutions? On the second instance on the topic of thank-you notes. I read an article about a woman who promised herself that she would write a thank-you to somebody every single day

of the year. If she missed any days, she would do more than one to make up for the missed days. Some thank-you's were obvious like receiving gifts at holidays or invitations to dinner at a friend's home, but I especially like the idea of thanking people for qualities they exude or a

kindness they have shown to me or someone else. Simply taking ten minutes, a notecard and pen, and (now, I think) forty-five cents to deliver a few lines of gratitude to someone feels good, and you just may make someone's day.

Maybe a card every day is an unrealistic expectation but

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party he said out of the blue, "I wonder when we'll get a thank-you note from [so and so]. Knowing that I've drilled into him the importance of (a) written correspondence and (b) expressing gratitude for time, gifts, help, meals, whatever, I gently told him that while people may be appreciative of birthday presents, not

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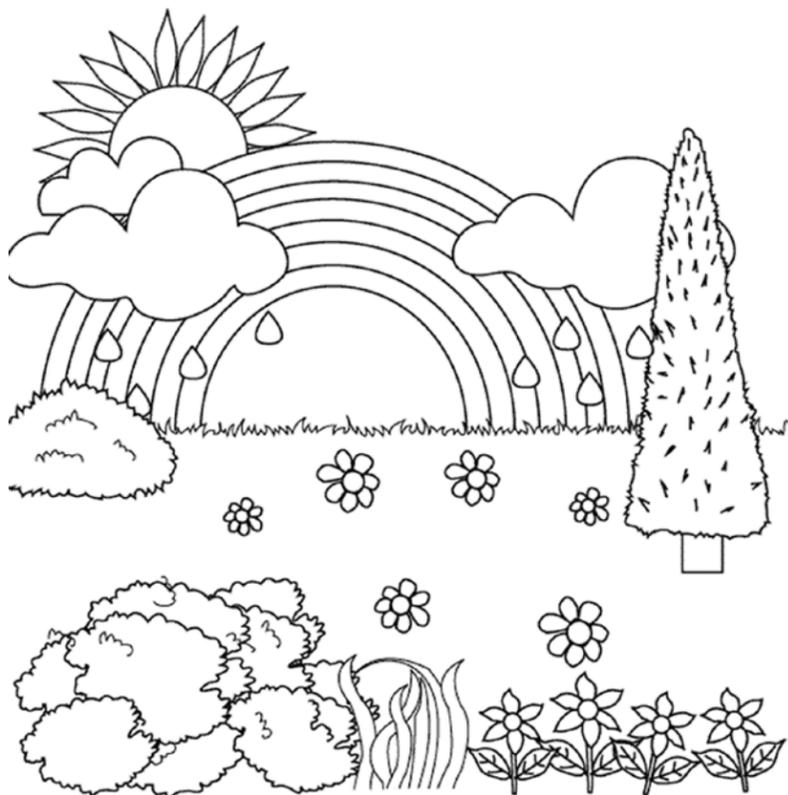
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March Coloring Page Contest!



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Public Forum



Think Tank- News And Views from the Cascade Policy Institute How Legislators Can Balance Oregon's Budget — Without Raising Taxes



By Eric Fruits, Ph.D.

Despite an eight percent increase in general fund revenues, Governor Kate Brown and some lawmakers say Oregon is facing a \$1.7 billion budget shortfall in the 2017-19 biennium. Nevertheless, the Governor has released a budget that expands entitlements while raising taxes, fees, and charges by nearly \$275 million for the general fund alone.

Expanding programs while increasing taxes is something Oregon could do if it were a rich state. Oregon is not a rich state. Income for the average Oregonian is about nine percent lower than the national average, and the cost of living is 15 percent higher. In other words, the average Oregonian earns less but pays more for basic items than the average American. Oregon legislators and other policymakers must face the reality that the state simply cannot afford costly new or expanded programs.

My analysis published in Facing Reality: Suggestions to Balance Oregon's Budget Without Raising Taxes (February 2017), by Cascade Policy Institute and Oregon Capitol Watch Foundation,

identifies seven straightforward solutions to the state's current budget crisis for savings of nearly \$1.3 billion in the next biennium.* If all the solutions were implemented, none of the tax and fee increases outlined in the Governor's budget would be necessary.

Governor Brown blames three-fifths of the budget crisis on Oregon's decision to expand Medicaid coverage under the Affordable Care Act. Policymakers undertook the expansion with full knowledge that the federal government would be shifting some of the costs of expansion to the state. Janelle Evans, budget director for the Oregon Health Authority, estimates these costs to the state's general fund will be as much as \$360 million in the next biennium. With many portions of the ACA likely to be reformed or replaced by this Congress, Oregon can see immediate budget savings by opting out of the Medicaid expansion now.

The skyrocketing costs of Oregon's Public Employee Retirement System presents the biggest long-run challenge to balancing state and local government budgets. As reported in The Portland Tribune, the impact on the 2017-19 state budget is approximately \$500 million because the state funds two-thirds of the operating costs of school districts, which will also be hit with the steep increase in PERS costs. In addition to the higher costs of PERS padded into the agency

costs, the Governor's budget includes a \$100 million line item to support the state's increased PERS costs.

Senate Bill 560 provides a reform that would cap at \$100,000 the final average salary used to calculate Tier 1 and Tier 2 retirement benefits. The PERS actuary calculates this reform alone would save the state budget approximately \$135 million in the 2017-19 biennium.

Oregon has the 12th highest pay in the U.S. for state employees. The Governor's budget proposes increasing the state government workforce by 675 full-time-equivalent employees. This expansion of the public sector workforce would cost the state more than \$120 million in additional compensation costs for the 2017-19 biennium. A halt on adding more state employees during this biennium would free up resources and ward off some of the pressure to increase

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Oregon's Wounded Warriors Deserve The Passage Of Senate Bill 694



By Steve Bates

For almost 100 years, Oregon has honored its wounded warriors, our disabled veterans with a property tax exemption. At one time, research shows, this exemption was over 100% of the value of a median single family dwelling in Oregon. This is fitting, as our wounded warriors have given a portion of their body; a part of their being, in the service of our country.

But, this exemption has been reduced to less than 10% of the value of a median priced single family home. This is an unfortunate result of not reviewing old

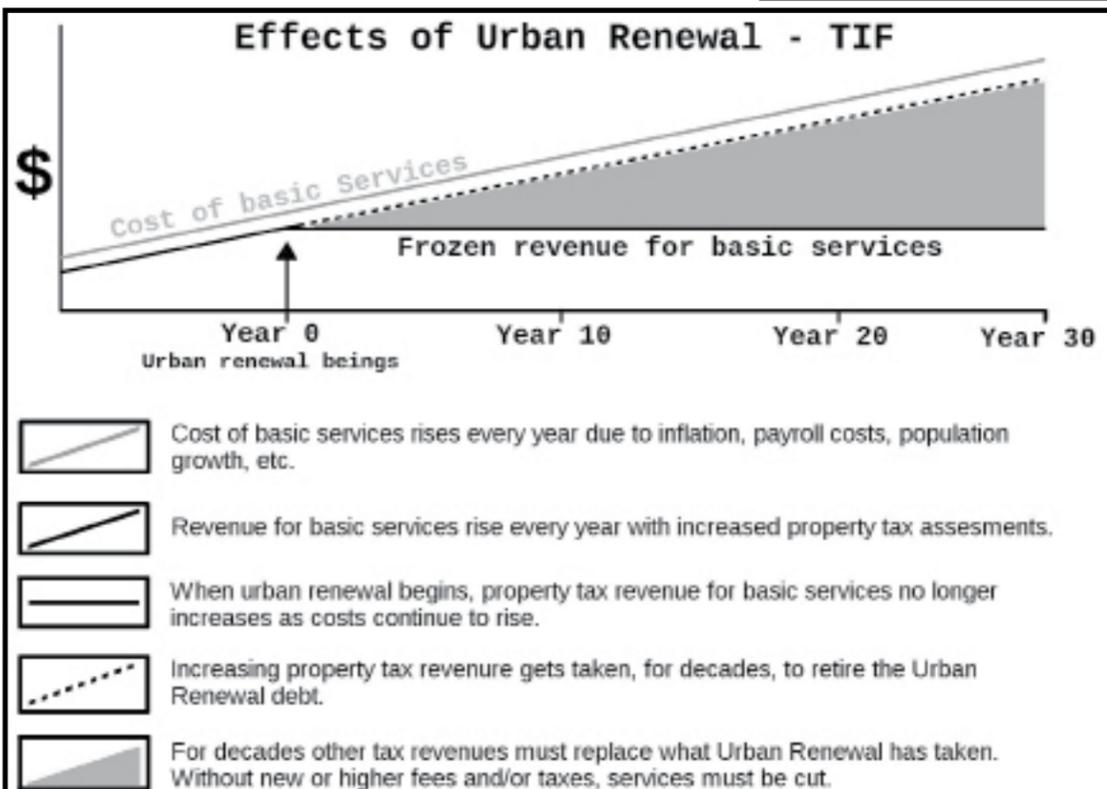
laws and updating them to meet current needs.

The original Oregon State Statute that authorizes this property tax exemption references Civil War disabled veterans and their surviving spouses. This demonstrates our state's long standing commitment to our disabled veterans. This law has been modified only a few times since 1953.

When real estate values started escalating in the late 1970's, the disabled veterans' property tax exemption started to dwindle. The exemption amounts remained the same, while the assessed valuation of properties grew. The amount of exemption became less and less. The Oregon State Statute controlling the amount of disabled veteran property tax exemption was not updated during the time that property values soared in the 1980's and 1990's.

Over the past several years,

continues on pg. 6



March Sudoku Puzzle

	8	9	4	1				
		6	7			1	9	3
2						7		
3	4		6				1	
			9					5
				2			5	
6	5			4			2	
7	3		1					

Credit www.puzzles.ca/sudoku Solution is on page 16

Public Forum



Our Neighborhoods

Is This a New Version of the Oregon "Adolescent Sexuality Conference"?

(Same People, Same Organizations, Same State Agencies...Just a New Nom de Guerre)



By Lori Porter, Parents Rights in Education

We always knew the cancellation of the Adolescent Sexuality Conference was a temporary stay on the march to sexualize our children in the public schools. So we weren't surprised when Oregon's Attorney General's Sexual Assault Task Force (OSATF) held the first 2016 Statewide Summit on Sexual Health and Promotion and Violence Prevention: Connecting the Dots in Oregon, in October 2016.

In 2015 the legislature passed Oregon K-12 Child Sexual Abuse Prevention Program, Senate Bill 856, a laudable bill, as an attempt to train teachers to identify signs of child abuse and abusive behavior. It should be noted that all Oregon teachers are already required mandatory reporters for child sex abuse and anti-bullying. Each year they undergo required training

updates. Concerns arise when the prevention program falls under the umbrella of K-12 Human Sexuality Education (which should be called by its real name "Sexuality Grooming Education"). It is now possible to combine K-12 Comprehensive Sexuality Education(CSE) and Child Sexual Abuse Prevention into one entity and possibly return to a new version of the Adolescent Sexuality Conference. A place where sex ed and child sexual abuse prevention are given carte blanche to teach our children a panoply of sexual diversities and to promote sexual identity exploration.

The state wide summit held a panel discussion between Sexual Health Promotion and Sexual Violence Prevention and was facilitated by Joann Schladale from Resources for Resolving Violence. Those on the panel were Mariotta Gary-Smith, Women of Color Sexual Health Network, Jen Grove, National Sexual Violence Resource Center, Mo Lewis, National Sexual Violence Resource Center and co-author of the high school FLASH sex ed curricula, and Annika Shore of Planned Parenthood of the Great Northwest and Hawaiian Island.

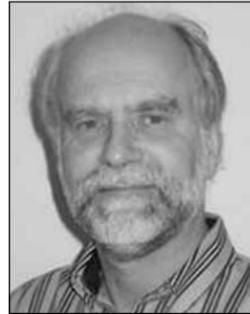


The panel members were asked several question, the first being: If you had all the money in the world what would you do? Mariotta Gary-Smith stated she would "...use the money to put Donald Trump in hole" (to hoots, hollers and cheers)... and break down white privilege and the culture of whiteness, what white privilege looks like and how that impacts the ability to have full and realized lives that are honored and recognized...and that this is connected to sexual health and wellbeing." Don't you find it ironic that Ms. Gary-Smith shares the panel with Annika Shore of Planned Parenthood? I wonder, does Ms. Gary-Smith know that Margaret Sanger, founder of Planned Parenthood, located her abortion clinics in black neighborhoods? Does she know that Reverend Clenard H. Childress stated that "the most dangerous place for an African American is in the womb." Why would Gary-Smith be sharing a panel with

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Citizen Voices

Rip: Global Warming Hysteria (1988 – 2017)



By Gordon J. Fulks, Ph.D.

There are many skeletons in the Cemetery of Bad Science. Some are familiar like Alchemy and Eugenics, while others are less well-known, like Lysenko's genetic theories and the Linear No-Threshold theory of toxicity. All had promoters who were driven by demons unbecoming a scientist like greed, ambition, and politics. Too often, scientists are motivated by more than an intense curiosity about the natural world. Such is certainly the case with Catastrophic Anthropogenic Global Warming, which we here report as deceased.

The Global Warming Monster had a good run, 29 years in all.

That is typical for Bad Science. It usually takes several decades for proponents to give up on a bad idea, or retire, or die; even longer if they are part of the Establishment and can easily crush opponents who dare to disagree. The Global Warming Monster grew out of a PhD thesis by James Hansen, when he was studying astrophysics at the University of Iowa under the well-known Professor James Van Allen. Hansen studied the atmosphere of Venus and realized that the extreme temperatures on Venus could be attributed in part to a runaway 'Greenhouse Effect' caused by its nearly pure carbon dioxide atmosphere.

The Global Warming Monster had a good run, 29 years in all.

Fast forward to 1988 and we see him applying the same reasoning to our planet in testimony before Congress. Never mind that Venus and Earth have little in common except for their terrestrial nature. Venus gets twice the incoming solar radiation and lacks the oceans and water vapor cooling

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Public Forum



How Legislators Can Balance...
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taxes, fees, and charges.

In addition to these items, Oregon can face its budget reality by adopting targeted reductions already identified by the Department of Human Services, reforming the state's cash assistance programs, saying "no" to the Governor's wish to expand Medicaid to those who are not "legally present" in the state, and saying "no" to Measure 98's unfunded high school education spending mandate.

State tax revenues are approaching all-time highs. Nevertheless, the state must face the budget reality that Oregonians do not have the resources to support ever-expanding spending programs that outpace our ability to pay for them.

*** Solution**

	Impact
Medicaid—opt out of ACA expansion	\$360 million
Cover All Kids—reject expansion	\$55 million
PERS—\$100,000 cap	\$135 million
Department of Administrative Services halt additional hiring	\$120 million
Department of Human Services targeted reductions	\$321 million
Department of Human Services—cash assistance reforms	\$160 million
State School Fund—reject Measure 98	\$139 million
Total	\$1,290 million

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Oregon's Wounded Warrior's...
continued from pg. 4

there have been attempts to correct this situation. But, it appears that politicians decided not to maintain a reasonable exemption for our wounded warriors.

The 2005 legislature did make some amends. A 3% annual increase was added

to the disabled veterans' property tax exemption. A disabled veteran inferred in a 2015 testimony that the 3% increase would not even buy a dinner for two. In other words, this is not enough.

What was once 100% is now less than 10%.

Do we still care about our disabled veterans? They made a sacrifice for all of us. We must make sure they are appropriately honored.

Because political sentiment identifies that a 100% exemption would be too costly, Senate Bill 694 is a compromise. The end result of passing this bill is that most disabled veterans qualifying for this exemption would receive a property tax exemption closer to 25% of the value of a median priced home in Oregon.

This bill also addresses the severely disabled veteran. It creates a new category that would allow an even greater property tax exemption if certain requirements are

met. Senate Bill 694 gives the local county commission the option to control the levels of this exemption.

It will not be 100%. But 25% is better than 10%. This is a compromise that should be non-partisan. Senate Bill 694 is doing something. Something is better than nothing. Previous legislative sessions have come and gone, and did nothing.

Let Oregon, once again, stand for our wounded warriors. Let us increase the Disabled Veteran Property Tax Exemption this year. Let us work with our state legislators to pass Senate Bill 694.

A retired businessman, Steve Bates is a 40 year resident of Boring. He served as the Chair of the Boring Community Planning Organization and is currently Chair of the Committee on Memorials and Remembrance, an organization that addresses various issues for veterans.



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The Northwest Connection



Rip: Global Warming...
continued from pg. 5

cycle we have on Earth. Furthermore, its atmosphere is 90 times as heavy as ours.

Thus was born the monster that was to have many heads but a small brain, from James Hansen to Al Gore, from Michael Mann to President Obama and even former Secretary of State John Kerry. But they have all fallen from prominence now, such that the monster has no head. Does that mean it is dead? Heavens NO! This monster can grow a new head whenever it wants.

Any new head will certainly not be in the likeness of President Trump. He has repeatedly said that he wants nothing to do with it. Can we therefore presume that he will not feed it? I hope he will not. The monster is rather like a vampire, sucking the blood out of its victims (taxpayers). If Trump slashes the billions of Federal dollars that have been going to keep this monster happy, it will surely weaken it.

Does that mean we can bury it? Not so fast. A weakened monster is still dangerous, perhaps more so. It will wail and carry on about the planet dying if it is not fed. Some may feel sorry for the scientists going hungry or having to flip burgers at McDonald's to make ends meet when their Federal checks no longer arrive.

With the monster already weakened from collapsing scientific arguments and new revelations about cheating at the agencies charged with keeping, not cooking, climate records, one might conclude that the monster has no chance of long term survival.

All of this should, in a rational world, consign this monster to the cemetery. But it is certainly still alive in Democratic Party political circles. What will it take to

keep the coffin nailed shut?

I think that the legend of Count Dracula provides the answer. Someone has to drive a stake through the monster's heart. And the heart of this monster is the US Environmental Protection Agency (EPA). It has been central to the monster's attempts to dominate our lives by regulating fossil fuels. The Big Lie promoted under President Obama was their 'Endangerment Finding' that carbon dioxide is a pollutant damaging our climate. That is total rubbish. CO2 is the gas of life, not of climate.

CO2 is the gas of life, not of climate.

The hero who is driving a stake through the monster's heart is the newly confirmed EPA Administrator Scott Pruitt. Pruitt is a skillful attorney who knows what needs to be done: follow the law! That may seem anticlimactic, but it is exactly what is necessary. President Obama went around Congress to try to regulate something that he had no authority to regulate.

Worse still, Obama and his scientific slaves scammed the science with climate models that seem impressive but do not work. Pruitt said in his first interview after being sworn in by US Supreme Court Justice Samuel Alito that the EPA will be guided by empirical data NOT models. Said another way, Pruitt will insist that the EPA follow real science not real imagination or real politics. That should drive a stake through the monster's heart and keep it from rising from the dead at the stroke of midnight.

Pruitt may also address some of the other monsters that periodically try to come to life again, such as the Linear No Threshold model of toxicity.

That is still a favorite ploy of the regulatory crowd within

the Democratic Party. If there is no threshold below which poisons become unimportant, then they can regulate them whenever it becomes convenient for their politics. Never mind that the originator of that theory

Hermann Joseph Muller knew it was wrong and yet lied to the King of Sweden as he accepted his Nobel Prize in Medicine in 1946.

Others in this Cemetery of Bad Science periodically stir, too. Rachel Carson's attacks on relatively benign DDT are buried here. The DDT ban that followed caused the deaths of tens of millions

from a resurgence of malaria. 'Acid Rain' is buried here

after scientists discovered lakes just as acidic far removed from power plants. The Freon-Ozone Hole theory is buried here after we found that the Ozone Hole was unaffected by a ban of Freon-12. And Carl Sagan's

Nuclear Winter is also here after we discovered that he had carefully chosen the scenario that would give him the results he wanted. More reasonable scenarios produced a Nuclear Spring, Summer, or Fall.

Global Warming Hysteria and its 'Bad Science' relatives are doomed under the Trump Administration. Scott Pruitt is the man designated to drive stakes through every



EPA Administrator Scott Pruitt

one of these monsters that have so tormented Western Civilization for decades. That may well doom Democrats too, unless they finally wake up and embrace competent science. Tall tales are not science, unless backed by robust empirical evidence. Albert Einstein knew that and patiently waited decades for the evidence confirming his Theory of Relativity.

Gordon J. Fulks lives in Corbett and can be reached at gordonfulks@hotmail.com. He holds a doctorate in physics from the University of Chicago's Laboratory for Astrophysics and Space Research and has no conflicts of interest on this subject.



OREGON DEPARTMENT OF HUMAN SERVICES: PUBLIC HEALTH DIVISION

Dog safety alert

Algae are common in fresh waters. One type, blue-green algae, sometimes grows into a large bloom that may contain dangerous toxins.

Dogs have become very sick and even died after swimming in and swallowing water affected by toxic algae.

If you find thick, brightly colored foam or scum at a lake, pond or river, don't let your pet drink or swim in the water!

If your dog goes into the water:

- Don't let your pet lick its fur.
- Wash your pet with clean water as soon as possible.

If your dog has symptoms such as drooling, weakness, vomiting, staggering and convulsions after being in bloom-affected water, call your veterinarian immediately.

For more information visit healthoregon.org/hab or call toll free 1-877-290-6767 or e-mail us at Hab.health@state.or.us.

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Identification characteristics of wolves and coyotes:
Remember, wolf pups in the mid-summer and fall can closely resemble coyotes, and it can be difficult to tell them apart. While hunting coyote in wolf country, you should not shoot unless you are sure of your target.

COYOTES:	WOLVES:
<ul style="list-style-type: none"> Weight: 15-30 Pounds Shoulder Height: 1 1/2 Feet Snout/Muzzle: Long and Pointed Ears: Long and Pointed 	<ul style="list-style-type: none"> Weight: 70-100 Pounds Shoulder Height: 2 1/2 Feet Snout/Muzzle: Large and Blocky Ears: Short and Rounded
<p>Taller, pointed ears; narrow pointed face and muzzle.</p> <p>Adult Coyotes are up to 1 1/2 feet at shoulder</p> <p>Adult Coyotes are up to 4 feet long.</p> <p>Adult Coyote track about 2 1/2 inches long</p> <p>2 1/2 inches wide</p>	<p>Shorter, rounder ears; broad, blocky face and muzzle.</p> <p>Adult Wolves are up to 2 1/2 feet tall at shoulder.</p> <p>Adult Wolves are up to 6 feet long.</p> <p>Adult Wolf track about 5 inches long</p> <p>4 inches wide</p>



Family/Health

The Best Medicine – Our Vulnerable Children



By Connie Warnock, The Northwest Connection

In May of 2014, two young teenage girls took a third girl, their friend, into the woods in Waukesha, Wisconsin. They then stabbed her repeatedly and left her to die. The perpetrators took off to find and report to an urban legend known only as “Slender Man.” Fortunately, the victim was found near death and miraculously survived.

Her family has been amazing in helping her cope. One would assume they are very attentive to her mental condition. The two perpetrators go to trial in March of this year. I imagine all three girls are dealing with huge wake-up calls. I find myself wondering if these parents ever checked their teens’ bedrooms, computers

or cell phones. Did they listen to them? Did they have rules? Why didn’t an adult notice the mutilated Barbie dolls or hear the Slender Man conversations? Why didn’t one of those parents overhear the other world reality that these girls were involved in?

This is horrifying, but also for me, has meaning. I love (always have) scary movies. I still go to the good ones with my son. But, when my kids were teens all three of us would go. We loved the good ones and hated the stupid ones. I was, for most of their teen years, a stay-at-home mom. I regularly straightened their rooms and always knew where they were. Believe me, they did on occasion break a rule and pay the price. Their lives, however, were grounded in reality and considerate treatment of their peers. This doesn’t mean that my son didn’t sneak out of the house when grounded, or that my daughter always dated with my approval. But, they listened and learned and took what fury I unleashed on them.

They were basically kind, well-meaning and didn’t try too hard to get things by their

parents. They survived several moves that made me grit my teeth. These were done in the name of jobs undertaken by their dad. When they had to leave one school for another, I watched like a hawk for any trouble that might ensue. It did happen with my son and was dealt with. Today, he is smart, creative and has his mother’s zest for life. My children are grounded and realistic; and I am still protective.

Back to Slender Man – I don’t know what these parents did or did not do. They are probably guilty of that major sin... omission; not being aware of the ages, not overstepping borders for the good of all. Normal pressures such as feelings, emotions, attitudes, physical desirability all of these stream through social media to impressionable young minds. If one cannot stand reality, then it is all too easy to invent a new reality. This is aided and abetted by social media. The only thing that anyone can do that has a chance of changing this, is to monitor these “extras.”

Children are not ready for this stuff and parents, it would seem, cannot take the time to offer substitutes in the form of therapy, counsel, attention, and plain old love. Instead of risking that your child might

continues on pg. 10

The Window Through Which We Look

A young couple moved into a new neighborhood. The next morning while they were eating breakfast, The young woman saw her neighbor hanging the wash outside.

‘That laundry is not very clean,’ she said.

‘She doesn’t know how to wash correctly.

Perhaps she needs better laundry soap.’

Her husband looked on, but remained silent.

Every time her neighbor would hang her wash to dry,

The young woman would make the same comments.

About one month later, the woman was surprised to see a nice clean wash on the line and said to her husband:

‘Look, she has learned how to wash correctly.

I wonder who taught her this.’

The husband said, ‘I got up early this morning and Cleaned our windows.’

And so it is with life. What we see when watching others

Depends on the purity of the window through which we look.



Happy St. Patty’s Day

word search



S	H	M	L	B	A	N	S	H	E	E	B
S	A	U	B	E	L	F	A	S	T	U	R
A	I	I	X	R	M	A	F	H	F	W	O
E	R	I	N	G	O	B	R	A	G	H	G
E	E	Y	Q	T	S	S	P	N	A	D	U
M	L	D	I	R	P	X	I	T	E	P	E
G	A	R	R	W	O	A	R	Y	L	Y	R
C	N	A	I	C	E	L	T	I	C	P	A
O	D	B	S	O	N	E	E	R	G	N	L
R	W	O	H	G	D	U	B	L	I	N	U
L	E	P	R	E	C	H	A	U	N	C	C
P	A	T	O	S	H	A	M	R	O	C	K

- Saint Patrick
- Shamrock
- Erin Go Bragh
- Dublin
- Ireland
- Green
- Luck
- Irish
- Belfast
- Shanty
- Banshee
- Bard
- Celtic
- Gael

Family/Health



Is There A Problem Here?



By Victoria Larson, N.D.

The United States is a wonderful place. We have some amazing freedoms, some excellent emergency care, and, at least around here, a pretty high degree of tolerance. But "wishin' don't make it so" (to use the idiomatic expression). We do not have the longest lifespans. We have the most expensive healthcare. We

use the most pharmaceutical drugs. And we aren't the happiest, most content nation on earth. We have some of the HIGHEST rates of diabetes, heart disease, and cancer in the world. Is there something wrong with this picture? I think there must be.

While we may be among the most poorly nourished, we have, by far, the most information--so much information that most of us are overwhelmed and confused by it all. All you have to do is look at your electronic devices to check the statistics I've just mentioned. Those of you who bow down to the Information

gods (and you know who you are) can check statistics any time. Or check on the weather (which you nonetheless cannot change). And it can be amazing, in addition to the mixed information.

The trouble is that many sit at a computer or in a car most of the day. Or lie on the couch or in bed texting, sometimes all night long, with the television on the whole time. The thing is, the absolute worst thing you can do for your health and well-being, after smoking, is sitting. The Annals of Internal Medicine, in a recent study, found that even if you get regular exercise, sitting for prolonged times leads to increased risk of heart disease (14%), cancer (13%), and diabetes (91%)! Maybe the huge increase in diabetes (Type II) is due as much to inactivity as high fructose corn syrup. Overall, sitting for eight or nine hours a day increases your risk of premature death by 40%.

The Information and Entertainment Highway is wonderful in its way, but it's led to decreased activity for most of us. You know the old expression "use it or lose it." Even if the information highway makes us smarter, faster it really just speeds up

the race to the end if it leads to poorer health. Take a break. That information will still be there tomorrow. And show some concern over how long you retain that information. Quality vs. quantity.

In the U.S. we are constantly bombarded with "buy me" onslaughts, from TV, Internet, even grocery carts. But the reality remains that we're undernourished from all that non-fresh food that comprises the majority of food shopping venues. We spend fewer of our hard-earned dollars on food than most nations. Go ahead, look it up. That's information you should have for your own benefit. Yet we have some of the worst health, most dissatisfaction, and shorter lifespans than many other countries around the world. Hard to believe with all the abundance that surrounds us isn't it?

If we have all this information, where is the disconnect coming from? Are we too arrogant that we think we already know it all? Are we just too overwhelmed with all the choices? Do we want too much instant gratification? Or, God forbid, are we lazy? There are a lot of red flags in the health of our citizens. We really should be taking the time to read the labels on the food we buy. Or better yet, buy food that doesn't even have labels! That's real food, not industrially created foodstuff.

Perhaps just shopping the outer rim of any grocery store makes the most sense. It's where the fresh foods live - fresh produce, dairy, meats. Only venture into the inner areas of the stores in order to be prepared for power outages, weather disturbances, and cataclysmic events.



The Best Medicine.... continued from pg. 9

pour their heart out to an inappropriate listener, why not encourage prayer? And, do it with them. Keep up steady contact with the teacher, the school, and pay attention to friends and conversations. If you find you are in over your head, consult a doctor. Discuss the signs that concern you - it's not a silly thing to do. If you as parents both work, then divide up the watchfulness.

Above all, children, especially teens need to be grounded and real. Pull their heads out of computer games and social media. Take an interest in their school activities, sports, and hobbies. God gives you only one go-around.



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Stop a Crime!

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- Critical incidents are dispatched first
- Never call 9-1-1 and hang up
- Make sure to provide details of emergency

Call 9-1-1 immediately for:

- Discomfort or pain in chest, arms, jaw, or back
- Trouble breathing or shortness of breath
- Bleeding that will not stop
- Numbness in face, arm, leg or trouble speaking
- Sudden dizziness, weakness or change in vision
- Sudden or severe pain
- Fall with injury
- Sudden or unexplained loss of consciousness
- Unexplained confusion
- Coughing or vomiting blood
- Seizures
- Broken bones or dislocations
- Severe Dehydration (vomiting/diarrhea with no urine for >8 hours)
- Any medical threat to life

Call the non-emergency number for your 9-1-1 center if the situation is not an emergency.



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Is it a stroke? Check these signs FAST!

Act FAST. Call 9-1-1 at any sign of stroke!

Face

Does the face look uneven? Ask them to smile.

Risk factors for stroke

Mini-strokes, (transient ischemic attacks or TIAs) When stroke symptoms such as confusion, slurred speech or loss of balance appear and disappear, call 9-1-1. You may be able to prevent a major stroke.

High blood pressure. The #1 cause of stroke. Monitor blood pressure and always take prescribed medication.

Diabetes. Control the symptoms of diabetes with proper diet, exercise and medication.

Obesity. Being just 20 pounds overweight significantly increases your risk of stroke and heart disease.

Smoking. Smoking increases risk of stroke by two to three times.

Arm

Does one arm drift down? Ask them to raise both arms.

Another way to remember stroke symptoms

- Sudden weakness on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing
- Sudden trouble walking or loss of balance
- Sudden severe headache with no known cause

Speech

Ask 'm' 'm'. Does their speech sound strange? Ask them to repeat a phrase.

Time

Every second, brain cells die. Call 9-1-1 at any sign of stroke!



Health

The 7 Secrets...
continued from pg. 1

included and need to be cut apart to be planted. Do not buy those! They don't break down and your plants will be severely stunted by the time

you realize what the problem is. Some of my plants never recovered. Several of the jalapenos I planted

in them, never grow very well and really struggled to survive. I finally dug one up and discovered the roots were poking through some of the pot but not enough to actually grow through the pot. Stick to the peat pellets or use potting soil in the little plastic seed starting set up. I have used the same ones for years.

Use the Right Seeds. If you tried starting seeds and suffered failures, your problem was most likely the seeds. In Steve Soloman's



Growing Vegetables West of the Cascades, he goes over the dirty little secrets of the garden seed industry. It turns out they sell the sweepings from the floor to gardeners. I have tried many seed packets purchased

at stores department store and never had good results. I've had great results with Territorial Seeds in Cottage

Grove OR. You can order online or buy them locally at Seven Dees and several other local nurseries. Johnny's Selected seeds and Park seeds have also provided excellent results. <http://www.territorialseed.com/> <http://www.johnnyseeds.com/> <http://www.parkseed.com/> I prefer heirloom seeds for the ability to save your own and I do several varieties every year. I admit some lack the vigor of the hybrids. I've read that you can breed hybrids back to breeding true

in only three generations. But I'm still experimenting to see if this is true.

It's good to start early. I start lettuce, spinach, onions, broccoli, cabbage, tomatoes and peppers,

eggplant and cauliflower indoors in the trays usually in January or February. Beets and carrots can be started either outdoors or indoors. If you do it outdoors use 1' sections of bar in the ground, 3' apart with 1/2" PVC pipes, cut 10' long and placed over the re bar. Then put clear plastic over the PVC to hold in the warmth and keep out the flooding rains that wash away seeds. Territorial Seeds sells cloche clips to hold the plastic on. But clothes pins or binder clips work as well. All of the above mentioned produce can be planted out very early. Some years they will keep over winter for continuing harvest if planted late. It's the constant rains that cause cabbage and such to rot and the plastic covers prevent this. I harvested lettuce just yesterday from the garden and carrots and beets are still there



ready for harvest. I plant snow peas outdoors on February 14 (Valentine's Day) and Potatoes on March 17th (St. Patty's).

Use a Heating Mat. You will benefit from the use of a seed starting heat mat. Many seeds germinate more readily with bottom heat. You don't need lots of them. I just use one. Once the seeds

in the tray have germinated I swap it out for another tray. This helps to get more use out of the seedling mat. I have a 4' florescent shop light hung over my seed starting area on a shelf in the garage. The light is kept just a few inches from the plants. This generally works well for getting stocky plants started. Once they are germinated you don't want it too warm, or they will get weak and spindly. If that happens, they are then more likely to succumb to disease. And you will have to harden them off for a longer period before planting them out.

Know When to Move Outside.

Lettuce, beets, spinach, and onions, once started, can be planted outside, with the plastic covers, as early as the ground can be worked or after the last frost. I generally start tomatoes, peppers, eggplant, cabbage, broccoli, and cauliflower 6-8 weeks before last frost. If you keep them in pots too long they often end up stunted. You'll have even better results putting them out sooner if you put them under "Wall O Waters." They are little water filled covers. I have seen tomatoes survive inside them even when the "Wall O Waters" froze around them! Late in the season you can also use the PVC plastic covers to extend the harvest past the first couple of frosts. Put a gallon milk jug, filled with water, inside the plastic cover to hold down the plastic. It acts like a heat sink and adds needed warmth on cold nights. Seedlings grow much better outside in the ground than inside in potting soil! I once accidentally did an experiment I was planting out seedlings and when 1/2 were in the ground a torrential downpour began. I grabbed the unplanted tray and went inside 2 weeks later when I had the opportunity to finish planting out the seedlings the

continues on pg. 15

George Washington's middle name was...?

Take the quiz and find out!

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The Northwest Connection



Corbett Fire Department Purchases New Lifesaving Equipment

Recently, the Corbett Fire Department purchased a battery powered CPR machine which is called the Auto Pulse. There were several reasons for this acquisition. First, studies have shown that automated CPR is more effective than manual CPR. Secondly, it will allow first responders to attend to a patient's other needs, such as putting air into the lungs for breathing a patient, starting IVs with medications that will assist the heart in cardiac arrest, and administering electronic shocks (defibrillation) to the heart.. Additionally, the machine can be placed on a patient who is



being transported in a Stokes basket. This will allow CPR to be performed while a patient is being moved down a trail to an ambulance or a helicopter.

The battery has a 30-35 minute run time and the machine will do 100-120 compressions per minute. Extra batteries are carried on the Fire Department's rescue. The machine takes about 25-30 seconds to put on the patient. In the last few weeks the fire department has had several drills on how to quickly initiate



compressions with the Auto Pulse machine. It can be transported on a firefighter's back so that it can be quickly

moved to a patient who is in a remote location.

Corbett Fire Department EMS Captain and paramedic, Tessie Adams says, "Having the Auto Pulse machine will make a difference and will improve the chances for a positive outcome with a cardiac

patient. It is just one more way the Corbett Fire Department shows its commitment to the residents of the Fire District. I am proud to be a member of such a progressive department. For the size of the organization, the department is way ahead of the curve."



March Recipe

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Upstairs Lobby



Office Suites



Office Suites



Downstairs Full Kitchen with Dishwasher and 2 Microwaves (this is helpful to caterers coming to host your event)



Large conference room to utilize for business meetings. Microwave and small kitchen appliances in room as well.

Apple Crisp Cookie Cups

INGREDIENTS:

1 1/4 cup brown sugar
3/4 cup granulated sugar
2 sticks unsalted butter, softened
2 eggs
1 tsp. vanilla
1 1/4 cup all-purpose flour
1 3/4 cup rolled oats
1 tsp. baking powder
1/2 tsp. ground cinnamon
1/2 tsp. kosher salt
6 Granny Smith apples, pelled, cored and finely chopped
2 tsp. cornstarch
1/2 tsp. ground nutmeg
1/2 tsp. ground cinnamon
Carmel sauce, for serving

DIRECTIONS:

1. Preheat oven to 350.
2. In a large mixing bowl, combine butter, 1/2 cup granulated sugar and 1 cup brown sugar. Beat with hand mixer until light and fluffy. Add eggs and vanilla and mix until evenly combined. Add flour, oats, baking powder, cinnamon and salt and stir until just combined.
3. Spray 2 regular sized muffin tins with cooking spray. Using a medium ice cream scoop, scoop dough into muffin tins, press down with a spoon to create cups. Bake for 15-20 minutes until the cookie cups are golden brown and set. (Don't worry if the cookie cup centers rise!)
4. While the cookies are still warm, make the cups. Spray the bottom of a small shot glass with cooking spray and press the shot glass down into the center of each cookie to create cups. Let cool in pan for 15 minutes, then transfer to wire cooling racks.
5. Meanwhile, melt about 2 tablespoons butter in large nonstick skillet over medium-high heat until beginning to brown. Add apples and saute until beginning to soften. Add the remaining sugars, nutmeg, cinnamon and cornstarch and cook until soft and caramelized.
6. Spoon the apple filling into the cups. Drizzle with carmel and serve warm or at room temperature.

Source: www.delish.com

Total Time: 0:50

Level: Easy

Serves: 15-20 Servings



The Northwest Connection



Immigration...
continued from pg. 13

print that declared “No Irish Need Apply” in newspaper employment advertisements and window signs.

Also in the 19th century, the United States received about 5 million German immigrants. Many of them journeyed to the present-day Midwest to buy farms or congregated in such cities as Milwaukee, St. Louis and Cincinnati. In the national census of 2000, more Americans claimed German ancestry than any other group.

During the mid-1800s, a significant number of Asian immigrants settled in the United States. Lured by news of the California gold rush, some 25,000 Chinese had migrated there by the early 1850s.

The new arrivals were often seen as unwanted competition for jobs, while many Catholics—especially the Irish—experienced discrimination for their religious beliefs. In the 1850s, the anti-immigrant, anti-Catholic

American Party (also called the Know-Nothings) tried to severely curb immigration, and even ran a candidate, former U.S. president Millard Fillmore (1800-1874), in the presidential election of 1856.

Following the Civil War, the United States experienced a depression in the 1870s that contributed to a slowdown in immigration.

One of the first significant pieces of federal legislation aimed at restricting immigration was the Chinese Exclusion Act of 1882, which banned Chinese laborers from coming to America. Californians had agitated for the new law, blaming the decline in wages on Chinese who were willing to work for less. (Note: The Chinese remained ineligible for citizenship until 1943.)

Prior to the 20th century, the federal government had left immigration policy to individual states. However, in 1890, President Benjamin Harrison (1833-1901) designated Ellis Island, located in New York Harbor near the Statue of Liberty, as a federal immigration station.



In 1917, Congress enacted legislation requiring immigrants over 16 to pass a literacy test, and in the early 1920s immigration quotas were established. The Immigration Act of 1924 created a quota system that restricted entry to 2% of the total number of people of each nationality in America as of the 1890 national census—a system that favored immigrants from Western Europe—and prohibited immigrants from Asia.

Immigration plummeted during the global depression of the 1930s and World War II (1939-1945). Between 1930 and 1950, America’s foreign-born population decreased from 14.2 to 10.3 million, or from 11.6% to 6.9% of the total population.

The multiple laws which governed immigration and naturalization to that time

were brought into one comprehensive statute in 1952. It (1) reaffirmed the national origins quota system; (2) limited immigration from the Eastern Hemisphere while leaving the Western Hemisphere unrestricted; (3) established preferences for skilled workers and relatives of U.S. citizens and permanent

resident aliens; and (4) tightened security and screening standards and

procedures. The 1952 Immigration and Nationality Act reflected the cold war atmosphere and anti-communism of the period, following World War II at the onset of the Korean War.

The October 1965 amendments to the 1952 Immigration and Nationality Act (INA) repealed the national origins quota system and represented the

most far-reaching revision of immigration policy in the United States since the First Quota Act of 1921. In place of nationality and ethnic considerations, the INA amendments substituted a system based primarily on reunification of families and needed skills.

Since 1965, the major source of immigration to the United States has shifted from Europe to Latin America and Asia, reversing the trend since the founding of the nation. According to the Immigration and Naturalization Service (INS), Europe accounted for 50% of U.S. immigration during the decade fiscal years 1955 to 1964, followed by North America at 35%, and Asia at eight percent. In fiscal year 1988, Asia was highest at 41%, followed by North America at 3%, and Europe at 10%. In order, the countries exceeding 20,000 immigrants in fiscal year 1988 were Mexico, the Philippines, Haiti, Korea, India, mainland China,

continues to pg 17

“The Constitution was never meant to prevent people from praying; its declared purpose was to protect their freedom to pray.”
— Ronald Reagan

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Where The Healthy Things Are



By **Jordon Rubin**

Weston Price's greatest contribution was to go where the healthy people are, to find out just what made them so robust. His quest took him to remote areas of the world, but he accomplished his mission and returned with valuable findings on nutrition.

Dr. Price was a Harvard-trained dentist and dental researcher who hailed from Cleveland, Ohio. He's been called the "Charles Darwin of Nutrition" and he's a health legend, if you ask

me. Holistic health would be stunted without his ground-breaking nutrition findings and contributions.

As a dentist, Price saw more than his fair share of unhealthy mouths, which he believed were a result of the modern diet. Price heard of people who had healthy mouths and astoundingly good health, but those people were mostly untouched by modern society. If he wanted to find answers, he knew he had to go where the healthy people were, even if that meant going where civilization had not crept in.

He decided to follow his inner researcher. Price and his wife went on an adventure to find a control population that wasn't yet affected by modernized man and his diet. That led him to many primitive cultures and

to some amazing discoveries.

Price's classic book, Nutrition and Physical Degeneration, captures his 10-year epic, world-traveling journey to study how these people groups retained their health when so much of the world was

Holistic health would be stunted without his ground-breaking nutrition findings and contributions.

not faring as well. Unlike many of his colleagues, Price didn't focus on individuals who weren't healthy. Instead, he focused on those who were healthy and made it his mission to understand how they maintained such robust health. What a concept!

This is what Price found

during his excursions in the 1920s and 1930s: people groups who followed their traditional, "wild" nature-based diets enjoyed exceptional health. All counted, Price traveled to 14 different countries, hundreds of cities and assessed 134 people groups, including tribal Africans, Pacific Islanders, Eskimos, North and South American Indians, Australian Aborigines and Irish fishermen.

By contrast, Price found that people who ate the modern, "civilized" diet of processed and sugary foods had ill health, including unhealthy teeth and bones. What's more is Price found that health degeneration increased with each successive generation who lived on the modern diet, not the traditional diet.

Price's studies indicated that the best diet for overall health was one that was based on natural whole foods—nutrient

dense foods often found in animal products, including wild fish, organ meats and unprocessed dairy.

In fact, Price compared the traditional diets of these people groups with the average American diet of his day. He found that the traditional diet provided at least four times the water-soluble vitamins, calcium and other minerals and at least 10 times the fat-soluble vitamins from animal foods like eggs, butter, dairy and meat.

Price believed that the amount of fat-soluble nutrients found in these foods—especially vitamin D and A—helped the body utilize minerals and absorb protein. Price also believed that nutrient-dense soil offered the most nutritious plant foods and whole grains.

Price was especially enamored with what he termed "Activator X," a fat-soluble vitamin, which is now believed to be vitamin K2. It's found in fish livers, organ meats and butter that comes from cows grazing on rapidly-growing green grass in the spring and fall. Interestingly, all the primitive groups he studied had food sources of "Activator X" in their diets.

In short, Dr. Weston Price found a proverbial fountain of health when he went to find where the healthy things are. That's an honor that I believe places him among the top health legends.

The 7 Secrets... *continued from pg. 11*

ones that had been outside subjected to cold and rain were much larger and healthier than the ones I babied inside. Starting early and extending the harvest will often increase the amount harvested in a season dramatically.

Use Clean, Sterilized Potting Soil. For this you can just use

potting soil or sterilize your own soil in the microwave. To do it yourself, place two pounds of soil into a thick plastic freezer bag. Don't use a thin "sandwich" type bag or it will melt in the microwave. Place the bag in microwave leaving the top open for ventilation. Microwave on high for two and a half minutes. Remove

from microwave promptly and seal the top. Allow to sit until cool, then use. You can keep the soil in the bag with the top closed for storing. This method will not smell your house up quite as much as using an oven, but you can only sterilize smaller portions of potting soil at a time. Remember—do not heat for longer than two and a half minutes or you

can make the soil toxic.

Starting with good seed and using clean soil will go a long way toward ensuring success. You'll also be delighted with the money you can save and the exceptional varieties of vegetables you will be able to try. Freshly harvested, home grown herbs add so much more flavor to your salsa than dried herbs ever could. It's fun, saves you money, and tastes great. So put on your gardening gloves and get started. It's time to get planting!



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WILDLIFE SYMBOLS AND ABBREVIATIONS

								
PRONGHORN ANTELOPE	BLACK BEAR	ROCKY MT GOAT	BIGHORN SHEEP	COUGAR	BUCK DEER	ANTLERLESS DEER	GENERAL ELK	CONTROLLED ELK

The Northwest Connection



Bakers Accused Of..
continued from pg. 1

inside the courtroom.

Afterward, while speaking to reporters, Melissa Klein had an emotional response.

“We lost everything,” she said. “I loved my shop, and losing it has been so hard for me and my family.”

In an exclusive telephone interview with The Daily Signal later, she added:

“That was a part of our life, and it was something that we thought was going to be passed down to our kids. It’s something that I miss every day still. I don’t think I’ll ever be able to get over it because it was our second home.”

A three-judge panel of the Oregon Court of Appeals heard oral arguments from both sides, with questions focused on issues such as:

- Does Oregon have a “compelling reason” to grant the Kleins a religious exemption from the state’s antidiscrimination law?
- Does a cake count as artistic expression protected by the First Amendment, and how do you differentiate

between what constitutes art and what doesn’t?

- What was the particular message involved in designing and making a cake for a same-sex wedding, and how is it understood by an observer?
- To what extent may an artist be compelled to do something?

The Kleins used to run Sweet Cakes by Melissa, a family bakery they owned



and operated in Gresham, Oregon. But after the Kleins declined in 2013 to make a cake for a same-sex couple’s wedding, citing their religious beliefs, they faced protests that eventually led them to shut down their bakery.

In July 2015, an administrative judge for the Oregon Bureau of Labor and Industries ruled that the Kleins had discriminated against a lesbian couple, Rachel and Laurel Bowman-Cryer, on the basis of their sexual orientation. The judge ordered the Kleins to pay the \$135,000

for physical, emotional, and mental damages.

Under Oregon law, it is illegal for businesses to refuse service based on a customer’s sexual orientation, as well as race, gender, and other characteristics.

The Kleins maintained that they did not discriminate, but only declined to make the cake because of their religious beliefs about marriage. Designing and baking a custom cake for a same-sex wedding, they said, would violate their Christian faith.

The Kleins appealed to the Oregon Court of Appeals on the basis of their constitutional rights to religious freedom, free speech, and due process.

The three appeals judges also pursued these lines of questioning:

- Was the award of damages—the \$135,000 the Kleins were ordered to pay—out of line with other cases before the Oregon Bureau of Labor and Industries?

- Was it reasonable for that state agency to extend the damages through more than two years after the alleged discrimination actually occurred?

- Did Bureau of Labor and Industries Commissioner Brad Avakian prejudge the case and in doing so strip the Kleins of their right to due process?

- How is sexual orientation different from race as a personal characteristic?

Each side had equal time to make their case and the Kleins, as plaintiffs, got an additional five minutes for a rebuttal.

“The government should never force someone to violate their conscience or their beliefs,” Kelly Shackelford, president and CEO of First Liberty Institute, a religious freedom group that represents the Kleins, said in a press statement, adding:

“In a diverse and pluralistic society, people of good will should be able to peacefully coexist with different beliefs. We hope the court will uphold

the Kleins’ rights to free speech and religious liberty.”

But Charlie Burr, a spokesman for the Oregon Bureau of Labor and Industries, whose lawyers represent the Bowman-Cryers, said:

“The facts of this case clearly demonstrate that the Kleins unlawfully discriminated against a same-sex couple when they refused service based on sexual orientation.”

Since the case began in 2013, the Kleins have argued the cards were stacked against them.

Lawyers for the Bureau of Labor and Industries pursued the charges against the Kleins on behalf of the lesbian couple, who went on to marry.

Avakian, the agency official, made multiple public comments criticizing them before any rulings, the Kleins said.

The administrative judge who issued the final ruling also is employed by the state agency.

Besides ordering the Kleins

continues on pg.17

“Help one person at a time and always start with the person nearest you.”

MOTHER TERESA

Sudoku Puzzle Solution

1	7	3	2	6	9	5	8	4
5	8	9	4	1	3	6	7	2
4	2	6	7	5	8	1	9	3
2	9	1	5	8	4	7	3	6
3	4	5	6	7	2	8	1	9
8	6	7	9	3	1	2	4	5
9	1	4	8	2	6	3	5	7
6	5	8	3	4	7	9	2	1
7	3	2	1	9	5	4	6	8

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\$13.00	26	\$13.50	27	\$14.00	28	\$14.50	29	\$15.00	30
\$15.50	31	\$16.00	32	\$16.50	33	\$17.00	34	\$17.50	35
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Business Briefs



Financial Focus: Try To Overcome “Roadblocks” To A Comfortable Retirement



Submitted by Lynne Page, AAMS Financial Advisor

In your life, you will want to take many journeys. Some are physical – perhaps you’ll finally visit the French Riviera or the Caribbean. Others involve personal growth – one day, you’ll finally become fluent in that foreign language you’ve been studying. But of all the destinations you can identify,

few will be as important as retirement – specifically, a *comfortable* retirement. And that’s why it’s so important to consider the “roadblocks” you might encounter on your road to the retirement lifestyle you’ve envisioned.

Here are five of the most common obstacles:

- *Insufficient investments* – Very few of us have ever reported investing “too much” for their retirement. But a great many people regret that they saved and invested too little. Don’t make that mistake. Contribute as much as you can afford to your 401(k) or other employer-sponsored retirement plan, and increase your contributions whenever your salary goes up. Even if you do participate in your retirement plan at

work, you may also still be eligible to fund an IRA, so take advantage of that opportunity, too. And always look for other ways to cut expenses and direct this “found” money toward your retirement.

- *Underestimating your longevity* – You can’t predict how long you’ll live, but you can make some reasonable guesses – and you might be surprised at your prospects. According to the Social Security Administration, men reaching age 65 today can expect to live, on average, until age 84.3, while women turning age 65 today can anticipate living, on average, until age 86.6. That’s a lot of years – and you’ll need to plan for them when you create long-term saving, investing and spending strategies.

- *Not establishing a suitable withdrawal rate* – Once you are retired, you will likely need to start withdrawing money from your 401(k), IRA and other retirement accounts. It’s essential that you don’t withdraw too much each year – obviously, you don’t want to run the risk of outliving your resources. That’s why you need to establish an annual withdrawal rate that’s appropriate for your situation, incorporating variables such as your age, the value of your retirement accounts, your estimated lifestyle expenses, and so on. Calculating such a withdrawal rate can be challenging, so you may want to consult with a professional financial advisor.

- *Taking Social Security at the wrong time* – You can start

taking Social Security as early as age 62, but your checks will be bigger if you wait until your full retirement age, which will probably be 66 or 67, or when your payments “max out” at 70. You might not be able to afford to wait until then, but by postponing the date you begin taking withdrawals, you could help yourself considerably.

- *Ignoring inflation* – It’s been low in recent years, but inflation hasn’t disappeared, and it could rise at exactly the wrong time – when you’re retired. That’s why you’ll want your portfolio to include some investments with the potential to outpace inflation, even during your retirement years.

By being aware of these roadblocks, and taking steps to overcome them, you can help smooth your journey toward retirement – and once you get there, you may enjoy it more.

Is This A New Version... continued from pg. 5

Planned Parenthood whose organization targets black babies in the womb? Gary-Smith was also a keynote speaker at the 2014 Adolescent Sexuality Conference in Seaside and is a self proclaimed social justice activist/agitator. When asked what success looks like to Annika Shore

of Planned Parenthood, she responded: "...equity of access, equal choice for all people to have sex or not have sex, to have an abortion or not have an abortion, to give birth, to not give birth...a shifting focus on eradicating toxic masculinity and white supremacy in the United States. They (men) impact gender-based and race-based violence and sexual behavior

and inequities." It is ironic that Ms. Shore is employed by a company that promotes a variety of sexual behavior and sexual exploration to minors as their right, who also taught a session at the 2012 ASC titled "Stand Up! Teen2Teen Presents on How to Be Sexual Health Advocates" in their schools. While at the same time, attacking the most vulnerable and helpless in our society and eliminating their life while blaming men for race based violence and sexual behavior. Perhaps Ms. Shore is confused, is it also true that toxic femininity could be blamed for the ending of a life? Look for "toxic masculinity" in the new lexicon of K-12 sexuality grooming education Nicoleen Peck, representing the Worldwide Organization

for Women, has a warning regarding K-12 Child Abuse Prevention Programs and presented those warnings to the United Nations in 2016. The Worldwide Organization for Women has worked tirelessly since 1977 to stop the abuse of women and children around the world. Part of stopping this abuse is stopping the sexualization of the planet through theory based educational programs such as K-12 Comprehensive Sexuality Education (CSE). We, at PRIE, are now referring to CSE as K-12 Sexuality Grooming Education. Yet another topic discussed during the conference was language. How can schools modify or change the language to deceive parents. For example, "...not to say, I am

going to teach kindergarteners about sex, but say, I will teach kids safe boundaries". So you see, parents may not be able to trust the information they received from the public schools. Teaching children how to be safe from sexual abuse and violence is important, but it appears some people and organizations refuse to recognize that K-12 CSE (aka Sexuality Grooming Education) could be encouraging the sexual abuse upon children (ie: See FLASH recommended external links for students). The agenda to sexualize our children through K-12 Comprehensive Sexuality Education is real and pervasive not only in Oregon but across the country and around the world.

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The Art Of Thank you... continued from pg. 3

one card a week is not. It can be a small piece of paper, a card, even a post card, and it doesn't have to be more than a few lines. Remember, it's a note, not a book, though you may find yourself wanting to convey even more than you set out to. Set aside some day of the week so you consistently pull out your pen of gratitude and lift someone's spirits. You will find that your spirits will also rise. I will add that by asking your children to give their input, you will help to instill appreciation in them. You could read aloud the couple of lines you have written and ask what they think. They'll learn what a nice thank-you note sounds like, and what seemingly inconspicuous things a person does can be appreciated. You can ask them what they are thankful for about Mrs. Johnson or Uncle Joe, and include those in your note. It's already past my friend's re-do/start-over resolution day, but it's never too late to start something good.

Catching Wild Pigs

A chemistry professor in a large college had some exchange students in the class. One day while the class was in the lab the Professor noticed one young man (exchange student) who kept rubbing his back, and stretching as if his back hurt.

The professor asked the young man what was the matter. The student told him he had a bullet lodged in his back. He had been shot while fighting communists in his native country who were trying to overthrow his country's government and install a new communist government.

In the midst of his story he looked at the professor and asked a strange question. He asked, 'Do you know how to catch wild pigs?'

The professor thought it was a

joke and asked for the punch line. The young man said this was no joke. 'You catch wild pigs by finding a suitable place



in the woods and putting corn on the ground. The pigs find it and begin to come every day to eat the free corn. When they are used to coming every day, you put a fence down one side of the place where they

are used to coming. When they get used to the fence, they begin to eat the corn again and you put up another side of the fence. They get used to that and start to eat again. You continue until you have all four sides of the fence up with a gate in the last side. The pigs, which are used to the free corn, start to come through the gate to eat; then you slam the gate on them and catch the whole herd.

Suddenly the wild pigs have lost their freedom. They run around and around inside the fence, but they are caught. Soon they go back to eating the free corn. They are so used to it that they have forgotten how to forage in the woods for themselves, so they accept their captivity.

The young man then told the professor that is exactly what he sees happening to America. The government keeps pushing us toward socialism and keeps spreading the free corn out in the form of

programs such as supplemental income, tax credit for unearned income, tobacco subsidies, dairy subsidies, payments not to plant crops (CRP), welfare, medicine, drugs, etc. While we continually lose our freedoms -- just a little at a time.

One should always remember: There is no such thing as a free lunch! Also, a politician will never provide a service for you cheaper than you can do it yourself.

'A government big enough to give you everything you want, is big enough to take away everything you have.' Thomas Jefferson



What did the buffalo say to his son when he dropped him off at school?



.....Bison.

10 WORDS AND PHRASES THAT TOO MANY FOLKS SAY INCORRECTLY

1. SUPPOSABLY → SUPPOSEDLY
2. FOR ALL INTENSIVE PURPOSES → FOR ALL INTENTS AND PURPOSES
3. IRREGARDLESS → REGARDLESS
4. I COULD CARE LESS. → I COULDN'T CARE LESS.
5. EXPRESSO → ESPRESSO
6. PACIFICALLY → SPECIFICALLY
7. EX-CETERA → ET CETERA
8. I SEEN IT. → I SAW IT.
9. OF UPMOST IMPORTANCE → OF UTMOST IMPORTANCE
10. I NEED TO LAY DOWN. → I NEED TO LIE DOWN.

f /grammarly

The value of ideas lie in the using of them. They won't keep. Something must be done with them.

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FAITH ENCOURAGEMENTS

If my people who are called by my name will humble themselves, and pray and seek my face, and turn from

Change As A Life Journey



By Pastor Bill Ehmann. Wood Village Baptist Church

Certain times in a person's life are all about change – graduation from high school, marriage, babies, career moves, death of a spouse, or the news that we have a terminal illness.

While these changes are a normal part of the life process, most people do not think much about them until faced with the reality that they are actually happening. And in many cases, there has been little or no preparation, so the adjustment is difficult.

There might be a sense of security in ignoring that these changes are coming. A

four-year-old child should be allowed to enjoy the privilege of having no worries about finding employment. A newly married couple would not be expected to think about life challenges 50 years ahead. There is appropriate joy in making the most of now without thinking a lot about what tomorrow will bring.

Two life patterns are fairly certain for most of us. One is that we will turn out a whole lot like our parents and/or the other people who mentored us from birth to our young adult years, unless we choose to be different – and it is a choice. Someone may say that they do not want to be like their dad or mom, but unless they identify the undesirable pattern and replace it with a different one, they will repeat the old one.

The other life pattern that is usually consistent is that the person we become early in life continues on that path as we get older. If we have a cranky

perspective as a child, we will probably become a cranky adult. If we develop a caring and unselfish lifestyle early, we have a strong possibility of that becoming our way of life for the duration.

If we were privileged to live in one house, attend local schools, and develop friendships that continued for as long as we can remember – all special gifts in my opinion – then having a career that takes us a thousand miles away might be a challenging change. If we did not have that stability in our early years, we will have learned to adjust to change and might be excited about the new experience.

If we lived close to family or friends and watched them grow older and deal with illness and death, we will not be as surprised when those changes become part of our personal journey.

The point is that change is a reality for humans in our life journey. We do not need to become morbid or fearful of the future in a way

that interrupts our present joy, but if we do not have exposure to where this journey eventually might take us, we will be caught off guard and have a lot more difficulty handling the challenges.

Two Bible principles can help us with this journey. One is from James chapter 4, where we are reminded that life is like a vapor, so we need to make our plans with an attitude of trusting God to guide us. This principle assures us that change is a characteristic of our journey. The other comes from Philippians 4:11, where we can follow the example of the Apostle Paul, who said he had learned to be content in whatever life situations he found himself.

Young people, as well as older ones, need to learn how to handle change. The sooner in our life journey this process becomes a part of us, the easier it will be when the big issues are at hand.

pastor@woodvillagebaptist.org

Facing Darkness- Release Date March 31

A True Story Of Faith: Saving Dr. Brantly From Ebola In Africa

In July 2014, Dr. Kent Brantly and Nancy Writebol received a death sentence. They were medical missionaries—Kent with international relief organization



Samaritan's Purse and Nancy with SIM—working in ELWA Hospital in Liberia. As they fought a surging epidemic of the killer virus Ebola, a crisis the

world largely ignored, Kent and Nancy caught the disease themselves.

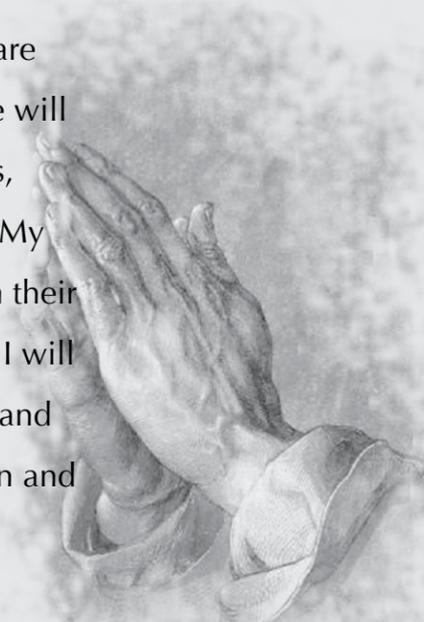
The team at Samaritan's Purse worked around the clock toward the only hope for Brantly and Writebol. It was something that had never been done—evacuate the Ebola patients to the U.S. for treatment and cure.

From Executive Producer Franklin Graham, president and CEO of Samaritan's Purse, FACING DARKNESS weaves a gripping, miraculous, true story of fighting fear with

continues to pg...22

If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

II Chronicles 7:14



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FAITH ENCOURAGEMENTS

their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land. 2 Chronicles 7:14

Is The Bible True?



By Tj Saling Caldwell

To many, the Bible is a book of legends and myths passed down through the ages. To say you inherently believe in the Word of God is generally viewed as ignorant, naive, and even foolish. So how do we know the Bible is reliable? To take it further, how do we know the Bible is the absolute truth? And if we don't look to the Bible for truth, where do we look and how do we know a source is trustworthy? Now, more than ever, I think these are good questions to ponder.

People have been questioning truth and God's Word since the beginning of time. In the garden of Eden, the serpent (Satan) planted doubt about God's Word by saying to Adam and Eve "Did God really say...?" (Genesis 3:1); and then Pontius Pilot asked Jesus Himself, "What is truth?" This was after Jesus said that He came to be a witness to the truth (John 18: 37-38). Francis Bacon said of Pilate, "What is truth? Said jesting Pilate, and would not stay for an answer."

People seem easily swayed into believing certain viewpoints based on popular opinion, convenience, media, articles, and books but are not really



interested in finding the underlying truth in it. "If there be no God, then what is truth but the average of all lies?" Robert Brault

The popular notion right now in our society is that truth is relative: what is true for you might not be true for me. Defenders of this way of thinking see it as the answer to tolerance and having an open mind especially concerning religion and morals. But there are certain questions that seek a concrete claim. Even though we may differ in our judgement about what is true, that does not affect the matter



of truth itself. "Is the Bible true?" is one

of those questions that seeks a concrete claim. For followers of Christ, we need to be convinced that the Word of God is absolute TRUTH, otherwise our faith is in vain. Christians have chosen a Biblical world view, meaning how we interpret and interact with the world around us comes from what we know to be true about God and His Word. If Scripture is God-breathed (2 Timothy 3:16), it must be the ultimate source of truth and thus superior to all other books. "All Scripture is God breathed and is profitable for teaching, for

continues to pg...22

Your Problem Is Not Your Equal



By Keith E. Jackson, MA, MFT

You are of God, little children, and have overcome them: because He who is in you is greater than he who is in the world. 1 John 4:4 NKJ

There are times in life when we might feel overwhelmed with life and its circumstances. When this occurs we might feel insignificant and helpless. When this happens we become fearful and anxious and start focusing on the problem and speaking about it rather to it. This causes the problem to become greater in our eyes.

When this happens we must recognize this is distorted thinking and we must correct it. We, as believers, have the ability to use the Word of God to change the circumstances or problems that face us. We are to speak to the problem rather than speak about it. (Mark 11:22-24) Because when we speak the Word of God it is guaranteed to come to pass. (Isaiah 55:11)

I will give an example from the Old Testament about when David defeated Goliath. The Nation of Israel was

involved in a battle with the Philistines. During this period of time both armies would face each other and Goliath would come out and taunt the army of Israel and challenge one of them to come and fight him. No one accepted the challenge until one day David happen to hear the challenge, and was enraged by things he heard coming out of the mouth of Goliath.

David was insulted by the things Goliath said about the God of Israel, so he accepted the challenge. David knew that his God was greater than this giant. He also knew that he had a covenant with God and He would not allow David to suffer defeat. So, David told the giant Goliath what he was going to do to him, and he did it! David defeated the giant and cut off his head. (1 Samuel 17:1-51)

Why was he able to do this? Because while all the army focus was on the giant, David focus was on the promises of God. From past experience he used his faith and saw what God was able to do. David had killed a lion and bear prior to defeating Goliath. (1 Samuel 17:33-36) He was able to do this because he had faith in the covenant God had made with the nation of Israel.

We today have a covenant with God, and it can be found in the New Testament. We as believers have the responsibility to exercise our faith in those promises that

continues to pg...22

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Family/Faith Cont.



Is The Bible True...
continued from pg. 21

reproof, for correction, and for instruction in righteousness." 2 Timothy 3:16

Let's start with the fact that the Bible is the most unique, sold, read, printed, circulated, translated, talked about, written about, prophetic, persecuted, studied, sustainable, and inspirational book in all of history. This might not prove the reliability of the Bible but it definitely shows its superiority to all other books. Theodore Roosevelt said "A thorough knowledge of the Bible is worth more than a college education."

Thankfully there is more evidence of the Bible's reliability today than ever before. With over 25% of the Bible as prophecy (telling of future events), most of them have already been fulfilled (over 80%)! The ones remaining reach into the future to unfold as the days go by. The odds of all these prophecies being fulfilled by chance without error is less than one in 10 to the 2000 (that is 10 with 2,000 zeros behind it), basically impossible!

In addition to fulfilled prophesy, the Bible is historically trustworthy. It passes all the tests for the reliability of ancient literature such as, number of ancient manuscripts, accuracy of translation, length of time

between actual events and the first written autographs of those events, accuracy of places and events, and evidence from archaeology. Unfortunately, many want to apply a different standard to test the Bible's reliability compared to secular literature. When using the same test, we can boldly state that not only is the Bible trustworthy and historically reliable but the New Testament has the best-attested manuscript transmission of ANY ancient document.

And then I would add that nothing in the Word of God has been disproven. The Bible has not changed its content and message to be politically correct or to win the approval of the masses. Many other holy books, history books, and science books have been corrected and updated to remain relevant and reflect the latest discoveries (truths). The Bible is as true and relevant today as the day it was written.

Greater than the physical evidences for the Bible are the testimonies of transformed lives. Throughout history, people who have believed in and followed God's Word, experience radical change, and positively impact the environment around them. Men and women have given their lives to defend and spread the Word of God after discovering the treasure which lies within. People don't willing give up their lives to defend a lie. "For the word of God is

alive, and active, and sharper than any two-edged sword, piercing even to the division of soul and spirit, of joints and marrow, and able to judge the thoughts and intents of the heart." Hebrews 4:12

For those who want to search for truth, who wouldn't want to read and study the book that has drawn more attention and changed the course of history more than any other! Instead of just learning about truth, you can **know** Truth as a person, Jesus Christ. His story (History) is woven through the pages of the Bible from Genesis to Revelation. "The WORD became flesh and dwelt among us, and we saw His glory, the glory as the only Son of the Father, full of grace and TRUTH." John 1:14 "I am the way, the TRUTH, and the life. No one comes to the Father except through Me." John 14:6

Facing Darkness..
continued from pg. 20

faith amid the heroic efforts to get Brantly and Writebol home, save their lives and drive the world to action against the Ebola epidemic.

PRODUCTION Samaritan's Purse International Relief
RELEASE March 30, 2017—One-night Fathom event in theaters.
FACING DARKNESS premiered at the Heartland Film Festival and earned Special Mention in the Award of Excellence category for the Accolade Global Film Competition.



The Northwest Connection

is now on the web. VISIT US AT www.nw-connection.com



'Facing Darkness' Q&A Dr. Kent Brantly

First American stricken with the Ebola virus

FacingDarknessMovie.com

Before you contracted this killer disease, why were you serving in a place that you could come down with it?



Our family moved to Liberia in October of 2013 sponsored by the Samaritan's Purse Post-Residency Program. We moved there to serve people in the greatest of need, expecting to spend at least two years in Monrovia. Ebola was not even on the radar, but when the outbreak began in March 2014, we had to choose whether to flee or stay and engage in the fight.

What were you thinking as it became evident this



was an epidemic?

As the outbreak grew, we knew we had to hold on to God's promise that he would give us everything we need to be faithful to him. It would have been easy to give in to fear in those days, but we had to face death in the eye and decide, "Who am I going to be today?" An old missionary once told me, "When the going gets tough, the tough go back to

their calling." And our calling was to serve people in need.

Do you know how you came down with the disease?

I will never know for sure how I contracted Ebola. But I think it was probably about nine

days before my symptoms began to appear. I was treating a woman who was very sick, and who was later diagnosed with Ebola. Her daughter was very

distrustful of us, so as I tried to gain her confidence and get her permission to transfer her mother to the isolation unit, I held the daughter's hands and put my hand on her shoulder. I think that may have been my source of contact.

How did you react to having the disease?

When I was diagnosed with Ebola, I had been treating patients for about two months, and had only seen one survivor. My

wife, Amber, and I were acutely aware of how serious the situation was – in fact it seemed hopeless. But I truly felt God's peace that is beyond understanding. We had trusted in God when we moved our family to Liberia, and we were not going to stop trusting him now just because I got sick. I wanted to be faithful even in death.

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Your Problem Is Not...
continued from pg. 21

guarantee our victory over any situation we may face. But so many believers will put their attention on problems rather than the promises found in the Word of God.

We are more than conquerors in Christ Jesus, because there is no weapon formed against us that will prosper. (Romans 8:37) This means that no

matter what situation we face we can overcome it if we believe and receive what the promises of God say about us. The choice is up to us! Will we be like David and put our focus and faith in the Promises of God? Or will we be like Saul and the rest of his army who were intimidated by the threats of Goliath?

Bible Scriptures
Romans 8:31-37

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The Northwest Connection



Facing Darkness.. continued from pg. 22

You went back to Liberia in 2015. Why go back and what did you learn?

Our departure from Liberia was abrupt and traumatic. We really wanted to go back to that place we were learning to call home and try to find

some closure on our experience and also mourn with them there. We still have many friends and colleagues there. We wanted to rejoice with them over the end of the outbreak,



and also mourn with them over the losses suffered by so many. Our brief visit was a time of healing for our family, and a reminder of how powerful it can be to choose compassion over fear.

Where and when can we see FACING DARKNESS?

Following its premiere at the Heartland Film Festival, FACING DARKNESS will be a one-night theatrical

event March 30, 2017, in a Fathom release. The film also earned Special Mention in the Award of Excellence category at the Accolade Global Film Competition.



A Samaritan's Purse Film

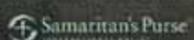
FACING DARKNESSES



A TRUE STORY OF FAITH:
SAVING DR. BRANTLY
FROM EBOLA IN AFRICA

SO DO NOT FEAR, FOR I AM WITH YOU; DO NOT BE DISMAYED, FOR I AM YOUR GOD. ISAIAH 41:10

FROM EXECUTIVE PRODUCER FRANKLIN GRAHAM IN ASSOCIATION WITH THE WTA GROUP A SAMARITAN'S PURSE FILM "FACING DARKNESS" FEATURING KENT BRANTLY AMBER BRANTLY NANCY WRITEBOL WITH KEN ISAACS AND FRANKLIN GRAHAM STORY BY DOUG KAUFMAN
SCREENPLAY BY COLLIN WALDRON DIRECTED BY JUN OH EDITOR JEFF POINTER MUSIC BY BRIAN MURIE ERIK MURPHY JUSTIN LOWE JULIAN TOVAR EXECUTIVE PRODUCERS BILL COGER KEVIN ADAMSON ARTHUR RASCO PRODUCED BY FRANKLIN GRAHAM DIRECTED BY ARTHUR RASCO



MARCH 30, 2017



STIR FRY MARINADE
 THAI COOKING
 VEGGIE DIP
 CHICKEN & RICE
 CHICKEN WINGS
 SALAD ROLLS
 NOODLES
 CUCUMBER CHICKEN
 APPETIZERS
 DIPPING SAUCE
 RICE

Serving Suggestion

Chicken and Rice
 Cut 6-7 chicken breasts into 1/2 inch pieces. Cook chicken in a deep pan with 5-6 oz of water on medium/high heat until juices from chicken run clear. Once chicken is cooked, add 18 oz of PB WOW Sauce and stir until chicken is well coated. Continue to cook until sauce is medium brown in color. Serve over rice.
 Enjoy the great flavor of PB WOW Sauce!



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